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If it's raining in the city, then it should be snowing in the mountains. But
noooooo! #\$\$%*^@ rain!!

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UPCOMING TRIPS

VOC WINTER LONGHIKE

The board is set. The pieces are moving. Oh wait. That's LOTR - Return of the King. Regarding Winter Longhike....

from Tom Chen, VOC Trips Coordinator:

It happens on Saturday and Sunday, February 5th and 6th.

What is it?

Let us explore the question by asking ourselves this: Do I ever find myself taking the wrong bus, and then accidentally end up in the middle of the BC backcountry mountains, with nary a pack of tyvek, despite the magnaminous buildup of a storm? Don't worry kid, it happens to the best of us. WLH is the opportunity to hone your survival techniques, and allows you to try building various winter shelters from bare hands. Be betwixt that a snow cave can be warmer than the freezing point. Be at peace with the universe in your own igloo. Be shocked to find that a quincy isn't a contraceptive device.

Location:

Needle Peak, near Hope.

Requirements:

Tuesday, February 1st will be the pre-trip meeting, at 6 pm in the clubroom, for rides and the like. If you're a driver who can offer seats and cannot make it to the meeting, give me an e-mail at the address beside my name with where you can pick people up and the number of seats and I can arrange for matchups.

Additionally, it is dictated that each of us brings an unusual, yet cunning item of food to share. For example, last year involved a tremendous magnitude of pleasure with impromptu mulled wine using apple cider and genuine haggis-served-on-a-snowboard. Suggestions for this year include sherry pies and prairie oysters. Musical instruments is also recommended as the ski/snowshoe in is short, estimated to be around 2 hours.

More information will pop up as we come closer to the date of the pre-trip meeting, including maps and exactly which parking lot we'll try to catapult our cars toward.

[Dr. Evil voice]: Riiiiigghht. Anyway, if you attended the Longhike for rockclimbing in September, then you'll want to come on this trip too. From the VOC Wiki:

Everything is different when you go into the backcountry in the winter, and that's why there's Winter Longhike, an introductory trip for winter camping. This is usually a big trip with lots of keen people aboard who want to get out, learn some new skills, and sleep in their very own snow shelter while still managing to have fun too. It's an easy, beginner friendly trip, so if you've never even seen snow before you can still have a good time.

CLUB NEWS

VOC EXEC POSITIONS OPEN

From El Presidente de la VOC, Matt Brown:

VOC needs YOU!!!

If you've ever thought about running for a VOC exec position, but were unsure about what's involved and whether it's for you, then this is your chance! We are looking for a number of sous-exec members, who are interested in helping out with this terms events, and learning a little bit more about the inner workings of the club. You'll get to sit in on the exec meetings, get involved with club projects and maybe help to run one of the trips/events this term. This would be an excellent experience if you are thinking of running for an exec position at the VOC elections in the spring.

If you think you might be interested in this, talk to Matt Brown or any other VOC exec member.

For descriptions of the VOC exec positions, please see the wiki page:
http://www.ubc-voc.com/wiki/wiki.phtml?title=Exec_reports

VOC CLIMBING WALL - IMPORTANT NOTICE!

From Nick Waber:

Apparently last Thursday there was some confusion about what times we had the wall booked for, and when the Filmsoc representative came to ask the climbers to leave she got a bunch of attitude.

That's not cool, guys. Filmsoc runs that theatre, and we just had a big breakthrough for Monday evening access. Lipping off the Filmsoc rep is just going to get us booted out.

From Monday on I'll have a copy of the schedule posted on the grey cabinet by the climbing wall. If you're climbing, please do three things:

- 1) Check the schedule. (It's a good idea to check online too)
- 2) Climb ONLY when we're actually booked. No climbing overtime- even if no-one else is there.
- 3) Be nice to Filmsoc, and hit the road if they request it (and if we're not booked).

If you don't adhere to these guidelines, you are personally jeopardizing any and all VOC access to the wall. And that's a jerk thing to do.

Any questions/concerns... email me.

CLIMBING CLINICS AT THE BIRDCOOP

Check it out! FREE (!) climbing clinics, hosted by fellow VOCers:

Are you an occasional climber, and want to pick up some tips? Are you a regular climber, and want to change your climbing routine? Come and climb with others in a fun, focused environment!

Starting Wed, Jan 12 (this Wednesday), Miranda and Zev will be running weekly climbing clinics at the Birdcoop, every Wednesday at 5pm. The clinics are geared for novice to intermediate climbers (~V1-V3, although all levels can benefit), and will be entirely drop-in. Part of the session will be spent learning specific skills, and part will be spent on a workout designed to train technique, strength, and/or endurance. The cost is FREE, (but you are responsible for entrance into the Birdcoop.) Before each session, we will send a group email about what will be covered in the upcoming session to those who are interested. (This way you can decide whether you want to come that week.) To join this email list, or if you have any questions, email us at ubc.climbing@gmail.com. See you there!

VOC JOURNAL SUBMISSIONS

Now accepting submissions!

The Journal, published annually by the club since 1958, is a compilation of trip reports and club activities written by members (that means you!) and is a synopsis of the year that was. A free copy of the journal is provided to members at the end of the academic year, with a complete collection available in the VOC clubroom. So bust out a sheet of paper and get writing!

VOC ADVENTURE RACING TEAM?

Eamon Mauer is seeking interested members. Here's his post from the message board

if you haven't seen it yet:

Are there any people interested in forming a VOC Adventure Racing Team for the Mind over Mountain Adventure Races? If you are post here.

Momar races typically involve kayaking, trail running, mountain biking and mystery events. The whole team participates in every activity, the whole team travels together, through each checkpoint. There is a big after party at the end with really good energy to the crowd.

A typical Momar race is between 40 and 45 km in length, as a result training is necessary. Personally I ride my bike alot, the biking tends to be the longest section of the race, I also run (cross country skiing could easily train us better than running), kayak (moreso on the island where I have easy access, here Jericho Beach has races and rentals) and lift weights with extra focus on my legs. For those who find they really love this sport, it becomes a lifestyle, and so you get better with time.

What I like most about adventure racing is the people and that it is both outdoors and competitive with an opportunity to get better over time. It is one of those natural things where my spirit is free.

Below is the web address for the Momar Homepage, there is also a note from Bryan about a discount we can get for signing up if we do so before the end of the month:

Momar Website: <http://www.mindovermountain.com>

TRIP REPORTS

ABORTED SEYMOUR ADVENTURE
by Roland Burton

We planned to go to Seymour on Sunday and try and knock down some satisfying avalanches, but the warm rain came too soon and we figured it'd be raining on us at Seymour, so yechh!. We went to Wreck Beach instead, a nice quick surgical strike, got some exercise, and a little ice climbing practice on the access trails. Not much driving. Nice cheap trip. Found 5 empty beer cans.

ZOA PEAK
by Scott Nelson

Went skiing on saturday with Sandra, Chris Michalak and Allen Hansen, a friend of sandra's from fisheries. We headed for zoa peak and found 60cm of awesome light powder. It was true heros snow and every turn was a joy. Avi danger was high, so we kept to lower angle slopes with no incidents. Unfortunatly the runs at Zoa are short (if you don't want to avoid skiing down into terrain trap gullies), so it wan't the epic day it could have been. Still, we had some excellent skiing amid what's turning out to be a very sparse year.

MT BAKER
by Martin Berka

After an epic start on Sat morning, we (Angela, Jordan and me) headed out on Sunday. Met with Henrik, Synne and Knut in Glacier and took off for the slopes.

The snow conditions were OK but the high avalanche hazard made us bail out on any backcountry adventures and we skied the the "waist deep powder" all day long (as in cement powder mixed with a lot of water...). yeah, it was heavy and deep, but fun nevertheless. Henrik and I had a few runs that ended up being near-climbs down the forest. A good day overall.

POINTS OF INTEREST

BUILDING COMPETITION WITH UBC REC

Hello fellow outdoor enthusiasts!

Just wanted to let you know about the upcoming 9th Annual KaleidaCave Bouldering Competition on Friday, January 28th. Categories include mens and womens for beginner, intermediate and advanced levels. Sign-up at the SRC Front desk for your 1 hour time slot starting every half hour. (The KaleidaCave is located inside the BirdCoop gym in the SRC)

We realize that there are a lot of great climbers with VOC and would be thrilled to have them join our competition.

Cost: \$5 + \$8 for non members*

* if enough people from VOC sign up, I may be able to get you some sort of discount on the \$8 drop in fee. Let me know.

Thanks again,

Graham Day
Asistant Director - Marketing Dept
UBC REC
grahamtday@hotmail.com

ACC ~~AV~~ALANCHE ECHOES~~E~~ NEWSLETTER

The January 2005 edition of the Alpine Club of Canada's ~~AV~~Avalanche Echoes~~E~~ is now available at:

<http://www.aebc.com/acc/Echoes/jan05.pdf>

There is also a meeting on Tuesday January 25, 2005 at 7:30 PM at Floral Hall in Van Dusen Gardens, 37th & Oak, Vancouver. All are welcome.

This month Pierre and Nikolai Hungr will present: "Getting high in Europe on 10 dollars a day: An exploration of Western Europe's mountain ranges by ski, bike, rope and foot".

VANCOUVER INTERNATIONAL MOUNTAIN FILM FESTIVAL

2005 Tentative Festival Program
(subject to changes)

February 20-27, 2005

~~0~~... illuminating the cutting edge... 30 times a frame...~~0~~

🚪delivering fresh images and cool stories from the death zone to your door🚪

🚪The Vancouver International Mountain Film Festival is a fine festival of climbing and adventure programs that remains true to the heart of climbing and the spirit of mountains. It is a relaxed gathering of sport climbers, alpinists and mountain wanderers.🚪

Greg Child , festival presenter, world-class climber, mountaineer and award-winning writer

Sunday, February 20, 7pm , Planetarium (1100 Chestnut Street , Vancouver)
VIMFF Polish evening with Poland's mountain filmmaker Anna Pietraszek (in person) on the earlier and more recent Polish Himalayan expeditions and personalities (Tirich Mir, Nanda Devi, Wanda Rutkiewicz, and others); and a select of the best 2004 Polish mountain films.

\$ 12 at the door

Monday, February 21, 7pm , Planetarium (1100 Chestnut Street , Vancouver)
VIMFF White Water Evening , Guaranteed To Keep You Wet 🚿🚿🚿. With a guest speaker and a selection of films in a liquid state.

\$ 12 at the door

Tuesday, February 22, 7pm , Planetarium (1100 Chestnut Street , Vancouver)
VIMFF Ice Climbing Evening with Joe Josephson's Winter Dance: A 35 Year History of Ice Climbing live slide show; and a selection of films on ice climbing, mixed climbing and dry tooling.

Wednesday, February 23, 7 pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF Festival Opening, presented by MEC with VIMFF Photo Contest awards and exhibition opening; Melting Mountains , a climate change awareness program developed by the Alpine Club of Canada due to the harm caused by climate change on our recreational opportunities, mountain lifestyle, and ecology and economy of Western Canada; and films

\$ 15 in advance, \$ 17 at door

Thursday, February 24, 1:30pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
Youth and Community Educational Program for the North Shore students, featuring Melting Mountains .

Free of charge for students.

Thursday, February 24, 7pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF wildest Mountain Biking Evening, presented by Norco featuring the Norco
Factory Trials Team in a stage show; legendary mountain biker Hans Rey ; and the
latest mountain biking flicks, once again higher, deeper and dirtier.

\$ 15 in advance, \$ 17 at door

Friday, February 25, 7pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF Climbing Evening with Austrian climber, photographer and filmmaker Heinz Zak
in a live multi-media presentation; and other theatrical acts, both real and
cinematographic.

\$ 15 in advance, \$ 17 at door

Saturday, February 26, 3pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF Mountain Film Buff Matinee 1 with Katy Holm in a live program about her
sailing and climbing trip to Greenland; and VIMFF 2005 film select. Part of the
ticket proceeds will go towards the Wilderness Education Program.

\$ 9 at door

Saturday, February 26, 7pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF BC/Canada Evening, presented by Mount Seymour , with a slide presentation by
Peter Croft , Canada's pioneer of hard big-wall free routes, in Falling Down and
Getting Up : A year of climbing in the Sierra Nevada in California, from the
highest peaks to the depths of injury and back up again; young Canadian leading
rock climber Sonnie Trotter in his Coast to Coast rock climbing Odyssey; and the
latest breed of mountains films made in your backyards.

\$ 15 in advance, \$ 17 at door

Sunday, February 27, 3pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
VIMFF Mountain Film Buff Matinee 2: K2 in Film, a selection of historical and
modern films dedicated to exploring the ☪ Killer Mountain ☪

\$ 9 at door

Sunday, February 27, 7pm , Centennial Theatre (2300 Lonsdale, North Vancouver)
Festival Finale with film awards ceremony; live slide and multi-media
presentations featuring mountaineers Jim Wickwire, Dianne Roberts, Jim Whittaker,
Jennifer Jordan, and others, dedicated to exploring and climbing K2 ; and
screening of some the festival winning films.

\$ 15 in advance, \$ 17 at door

Centennial Theatre Seminars (Saturday February 26, and Sunday February 27, 2005)
VIMFF will offer a series of seminars on filming and photography in wilderness
conditions, as well as training and nutrition for climbing and expeditions. For
details please check www.vimff.org

Festival tickets will be available as of mid-January 2005 at the Centennial
Theatre, 2300 Lonsdale Avenue, North Vancouver, (604) 984-4484; and at MEC, 130 W
Broadway, Vancouver; MEC, 1341 Main Street, North Vancouver.

To unsubscribe from the VOCene mailing list, sign in at
<http://www.ubc-voc.com/member/update.php> , and uncheck the 'want VOCene' box

UBC Varsity Outdoor Club
Room 29A, Student Union Building
<http://www.ubc-voc.com>

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club