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VOCene #29 📧 February 26th, 2009

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I. Upcoming Events and Trips

1) Yoga with the VOC, Feb 23

A yoga class is being lead by a former VOCer Monday nights at 6pm in the SUB. \$5 suggested donation. All money raised will go to a great non-profit started by a UBC student to rebuild a children's aid organization in Nigeria.

See the wiki for more details and to sign up:

http://www.ubc-voc.com/wiki/Yoga_with_the_VOC

2) Intro to Ice, Mar 7-8

Have some experience rock-climbing and have been wanting to try some ice for a while but never got a chance?

http://www.ubc-voc.com/wiki/Intro_to_Ice_Climbing_2009

3) Rainbow Lake Ski Camping, March 7th-8th

Ski trip to Rainbow Lake/Rainbow Mountain area, accessing from the Callaghan Valley, via Hanging Lake route.

Fresh tracks will be had on Rainbow and/or Sproatt mountains, then camping somewhere near Rainbow Lake.

Sign up for this trip is now open.

Details and sign up at the following link:

http://www.ubc-voc.com/wiki/Rainbow_Lake_Ski-Camping

II. Ms. Manners

Dear Ms Manners

Help! I bought these ski boots with the fancy mouldable liners and I was warned that they would make my feet smell bad after awhile, but I never expected anything this bad. Last weekend my girlfriend wouldn't even let me into the tent, and it's my tent! And my feet are starting

to dissolve. Tell me what I can do to deal with this terrible and extremely embarrassing medical problem.

Stinkyfeet

Please contribute to Ms. Manners. Please contribute questions, comments, and/or answers.

CONTRIBUTIONS to the VOCene are welcome. Please send all inquiries or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club
<http://www.ubc-voc.com>

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club