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I. Upcoming Events and Trips

- 1) Wednesday Night Slide Show - Running Your Own Trip & VOC Huts

Are the trips you want to get on always full? Why would you want to lead your own trip anyway? Isn't it a lot of work? Responsibility?

The VOC is a great place to network and find other people at a similar skill level to go out on small trips with. Organizing your own trips like this is not only a good way to make sure there is a spot for you that weekend, but also your first step towards really learning what you're doing as you make your own decisions out there. This slideshow will get you stoked up about leading your own trips, help you get other people stoked up about your trip, help you stay safe, give some suggestions for places to go and things to do, and show you where to find information for planning your own trips. It will also introduce all the VOC huts available for use.

This will be happening tomorrow, Wednesday October 28th in the clubroom at 7:00pm.

More details on the message board:

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=45230&t=45230>

- 2) Kayaking Polo Session - Oct. 28

Have your own boat, paddle and spray skirt? Want to get out kayaking mid-week? Kayaking polo is on again!

Details on the message board and wiki:

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10773&t=10773>

[http://www.ubc-voc.com/wiki/Kayak\\_Polo\\_%40\\_the\\_Aquatic\\_Centre](http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre)

### 3) Halloween Skaha Climbing Trip - Oct. 30-Nov. 1

It's that time of year again! If you're not quite ready for the Vancouver drizzle, then run away to Skaha for a weekend of (hopefully) sunny climbing. Skaha is a rock climbing area located near Penticton, BC, in the Okanagan Valley, where the VOC traditionally organises a trip around Halloween. The pre-trip meeting is tomorrow, Wednesday October 28th at 6:00pm in the clubroom. The meeting is optional, if you already have everything set up, you don't have to come.

Details on the message board and wiki:

[http://www.ubc-voc.com/wiki/Traditional\\_Halloween\\_Skaha\\_climbing\\_trip\\_2009](http://www.ubc-voc.com/wiki/Traditional_Halloween_Skaha_climbing_trip_2009)

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10487&t=10487>

### 4) Beverley Creek Ski Trail Workhike - Oct. 31 or Nov. 1

2 weeks ago a group was up at Beverly Creek. They got a lot done, including getting the chainsaw stuck in a big tree. There will be a return expedition this weekend to finish the job clearing the blowdowns, as this could very well be the last opportunity before the big snow hits everywhere.

It will be happening on whichever day has better weather. Right now it looks like that will be Sunday. It's 2km of trail hiking and 2km of bushwhacking to the back end of Beverley Creek, which is the end of the in progress ski trail, and also the location where the chain is stuck.

For more details see the message board:

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10888&t=10888>

### 5) Brew Hut - Oct. 31-Nov. 1

Roland is looking for people to head up to Brew Hut this weekend. Alternatively, if nobody wants to do that, Seymour is always a good option. If you're keen on getting outside this weekend but not quite keen enough to go all the way to Skaha, this probably sounds interesting to you. More details on the message board here: <http://www.ubc-voc.com/phorum2/read.php?f=3&i=10883&t=10883>

### 6) CAC Backcountry Avalanche Workshop - Nov. 7

The Canadian Avalanche Centre will be hosting a Backcountry Avalanche Workshop at UBC on November 7th. It would be a great intro for people planning on heading out into the backcountry for the first time, or an ideal refresher for those more experienced with avalanche risks. Speakers with information on local routes, choosing terrain, recent research, and much more. The full schedule is now available, and is linked to on the wiki page.

Tickets on sale at the door for \$20. UBC Forest Science Centre, Room 1005. Workshop runs from 9:00 - 5:00.

Details on the message board and wiki:

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=45187&t=45187>

#### 7) MEC Clubs Night - Nov. 10

Are you one of those people who can't step foot into MEC without lightening your wallet considerably? Or perhaps you're new to the whole outdoors gig, and wonder what this MEC place is that people keep talking about. Whichever the case, you probably want to come along to the MEC clubs night.

10% off retail prices! This event is for members of the VOC and ACC, in addition to getting a good price on gear it will give you a chance to see what these clubs are all about and how your free ACC membership works (did you know you get a free ACC membership as a VOC member?). Be there at 7:00pm for a quick presentation about what MEC, the VOC, and the ACC can do for you, hear about the screenings at the upcoming Banff Mountain Film Festival and then shop 'till you've got all the gear you need, you run out of money, or 9:00pm - whichever comes first!

You must sign up on the wiki to attend:

[http://www.ubc-voc.com/wiki/Nov2009\\_mec\\_clubs\\_night](http://www.ubc-voc.com/wiki/Nov2009_mec_clubs_night)

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=45035&t=45035>

#### 8) Wilderness First Aid Course - Dec. 5-6

It is a good idea for anyone traveling in the backcountry in big groups, little groups, a pair or solo to have wilderness first aid training. This is a great short course that packs a lot of learning into only two days. Don't confuse this with the red cross first aid, wilderness or regular, that teaches you to assess the safety of the situation and then call 911 and wait until EMS shows up. This course focuses on Patient Assessment, stabilization, and evacuation plans for remote areas. Upon successful course completion you will earn a WMI of NOLS wilderness medicine certification.

The course costs \$130 for the two days, and includes all course material and necessary instructional equipment .

More details on the message board and wiki:

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=45240&t=45240>

[http://www.ubc-](http://www.ubc-voc.com/wiki/Wilderness_First_Aid_Course_with_the_Wilderness_Medicine_Institute)

[voc.com/wiki/Wilderness\\_First\\_Aid\\_Course\\_with\\_the\\_Wilderness\\_Medicine\\_Institute](http://www.ubc-voc.com/wiki/Wilderness_First_Aid_Course_with_the_Wilderness_Medicine_Institute)

#### 9) Avalanche Skills Training Course - Dec. 12th-13th or Jan. 16th-17th

Taking an avalanche course is a great idea for anybody who will be in the mountains in winter. On skis or snowshoes, with the VOC or without the VOC, no matter what this course will be of great benefit. The VOC is organizing four different avalanche courses; two in December and two in January. The courses are run by Canada West Mountain School, but are offered through the VOC for a significant discount!

This course is the AST1 course, which is the first level of training offered by the Canadian avalanche association. It is the first step towards being aware of and managing risks in the backcountry. Avalanche course students learn about some snow science basics, terrain, route finding, snow stability testing and rescue.

The courses are being offered either at Mt. Seymour or a combination of Whistler and Mt. Seymour, and will cost \$170 or \$210 depending on whether you need a Whistler lift ticket. Spaces are limited, and it fills up

quickly so make sure to sign up early if you want a spot. Last day for payment is Nov. 16th for the December courses and Dec. 14th for January courses.

More info on the message board:

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10817&t=10817>

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: [vocene@ubc-voc.com](mailto:vocene@ubc-voc.com). To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club

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**Varsity Outdoor Club**