

Document type : **vocene**
Date : **2010-03-09**
Description : **VOCene #36**
Content :

VOCene #36 ☺ March 9nd, 2010

In this VOCene:

I. Upcoming Events and Trips

- 1) Weekly Kayak Polo
- 2) Weekly Slide Show: Cycling Vietnam ☺ Mar. 10
- 3) Phelix Hut Trip - Mar. 13-14
- 4) Joint ACC/VOC Neve Crossing - March 20-21
- 5) Hanging Lake Trail Marking - Mar. 27-28
- 6) Easter Trip to Brew - Apr. 2-5
- 7) Vantage Trip - Apr. 2-5
- 8) Wilderness First Aid Course - Apr. 17-18

II. Miscellaneous

- 1) 2010 VOC Songbook Project
 - 2) VOC Photo and Video Contests
- -----

I. Upcoming Events and Trips

1) Weekly Kayak Polo

Under the excuse of practising eskimo-rolls, VOCers are holding weekly kayak-polo sessions at the UBC pool. Typically, half the time is spent practising rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. The pool is warm so you don't need a wetsuit and beginners are always welcome. This usually happens on Tuesdays from 8:30 to 10pm, but please check the message board thread, and if you are coming write your name on the wiki page.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10773&t=10773>
http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre

2) Weekly Slide Show: Cycling Vietnam ☺ Mar. 10

You know who's presenting a slide show this week? Yea, that's right, one of your VOCene editors, ME. That means you all have to come to the clubroom tomorrow so I can ramble about spending a month riding my bicycle through Vietnam on a solo, unsupported bike tour.

The slide show will be at 7:00PM, Wednesday March 10th, in the VOC clubroom.

3) Phelix Hut Trip - Mar. 13-14

This Hut is far enough from Vancouver that it gets nice dry snow. We renovated the Hut last summer so it will be clean and white inside. We will bring naphtha for

the catalytic heater so it will be at least a little bit warm. Normally the ski out is not described as "beginner-friendly", but if we take our time it won't be too bad, and we are planning to take our time. If you can't ski and want to do this on snowshoes, that will work. This is a good opportunity to see our biggest and finest Hut, just in case you have never been to one of our Huts so far.

wiki for sign up, details, etc.

http://www.ubc-voc.com/wiki/Janine%27s_Trip_to_Phelix_Hut

4) Joint ACC/VOC Neve Crossing - March 20-21

The VOC and ACC are doing a joint crossing of the Garibaldi Neve. It'll be a two or three day crossing and there should be a healthy number of people going. Crossing the Neve means covering a fair bit of distance but it's beautiful when the sky is blue and a just about guaranteed epic when it isn't which makes it a trip to be on.

Sign up on the wiki

http://www.ubc-voc.com/wiki/Joint_ACC/VOC_Garibaldi_Neve_Traverse_2010

5) Hanging Lake Trail Marking - Mar. 27-28

Come help put up trail markers along the ski trail that goes from Whistler Olympic Park nordic center to Hanging Lake. This will be a 2 day trip, camping out near Hanging Lake. Once again, free gas for the first three cars.

Wiki for sign up and details:

http://www.ubc-voc.com/wiki/Hanging_Lake_trail_marking

6) Easter Trip to Brew - Apr. 2-5

There's an Easter long weekend trip to the Brew Hut shaping up. Brew is warm, in an awesome location and has been responsible for only a few epics involving lost parties wandering the alpine meadow for hours/days.

Discussion is ongoing on the discussion board:

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=12329&t=12329>

7) Vantage Trip - Apr. 2-5

At least once a year, a group of VOCers head down to Vantage, Washington to climb in Frenchman Coulee, a gorge located in the Columbia River Plateau. There are hundreds of routes, sport and traditional, on a variety of rock ranging from 30m basalt column cracks to sporty 5.12 jug-fests.

Signup and details on the wiki:

http://www.ubc-voc.com/wiki/Vantage_April_2010

8) Wilderness First Aid Course - Apr. 17-18

It is a good idea for anyone traveling in the backcountry in big groups, little groups, a pair or solo to have wilderness first aid training. This is a great short course that packs a lot of learning into only two days. Don't confuse this with the red cross first aid, wilderness or regular, that teaches you to assess the safety of the situation and then call 911 and wait until EMS shows up. This course focuses on Patient Assessment, stabilization, and evacuation plans for

remote areas.

Signup and details on the wiki:

http://www.ubc-voc.com/wiki/Wilderness_First_Aid_April_2010

II. Miscellaneous

1) 2010 VOC Songbook Project

If you've been up at any of the VOC huts and tried to have a sing-along, chances are you've been frustrated by the old songbooks. The table of contents seems useful enough, except that none of the pages have numbers! Your favourite songs aren't in there, and there are mistakes in the chords and lyrics. That's why we need your help. Download the beta version of the new songbook below, and post in the message board topic if you find any errors. Your contributions will be appreciated by VOCers now and in the future!

<http://dl.dropbox.com/u/13815/VOC%20Songbook%202010%20%28Beta%20Release%29.pdf>

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=46963&t=46963>

CONTRIBUTIONS to the VOCene are welcome. Please send all inquiries or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club

<http://www.ubc-voc.com>

[Click here to delete this document](#)

(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club