

VOCene #2 April 21st, 2010

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I. Upcoming Events and Trips

1) The Breakey BBQ, April 23 (Fri)

Oldtime VOC'ers Charlie and Matthew Breakey will be in town this weekend. They are having a BBQ at Jericho Beach on Friday, starting at 7-7:30. Bring your own food, and hopefully someone will even bring a BBQ.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=47743&t=47743>

2) Croquet Competition, April 26 (Mon)

Croquet is... Well, let's just say it's probably not what first comes to mind when you think of "croquet".

If you don't know what croquet is, just show up and try it out! Or just show up to watch and take photos. No specialized gear required. Meeting at the Norm in the SUB at 8pm.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=47729&t=47729>

<http://www.buildering.net/node/931>

3) Weekly Kayak Polo

Under the excuse of practicing eskimo-rolls, VOCers are holding weekly kayak-polo sessions at the UBC pool. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. The pool is warm so you don't need a wetsuit and beginners are always welcome. This usually happens on Tuesdays from 8:30 to 10pm at the UBC pool. However, it looks like the weekly practices will be moving to the beach soon, possibly from next week. Please check the message board thread, and if you are

coming write your name on the wiki page.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=10773&t=10773>

http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre

4) Mt. Baker, May 1-2 (Sat-Sun)

Adrien, Len and Ryan are planning to climb Mt. Baker and looking for partners. They might be on snowshoes, skis, or possibly a combination. If you are interested in joining them, contact Adrien Thevent, or post on the message board thread (see below).

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=47695&t=47695>

5) MEC Club night, 10% off, May 4 (Tue)

That's right - after regular hours on Tuesday May 4th our very own Mountain Equipment Coop will be opening their doors to allow our members a chance to buy gear at 10% off the retail price. This event is for members of the VOC and ACC, in addition to getting a good price on gear it will give you a chance to see what these clubs are all about and how your free ACC membership works (did you know you get a free ACC membership as a VOC member?).

Be there at 7:00pm for a quick presentation about what MEC, the VOC, and the ACC can do for you, then shop 'till you've got all the gear you need, you run out of money, or 9:00pm - whichever comes first!

Please sign up in advance on the Wiki:

http://www.ubc-voc.com/wiki/May_2010_MEC_Clubs_Night

6) VOC Summer BBQ, May 5 (Wed)

The traditional VOC Summer BBQ's are back! These are a great place to meet new friends, have trip meetings, or talk about ideas and plans for the upcoming month. Don't forget to bring your own hamburgers, weiners, roastable veggies or whatever along. Someone usually brings a barbecue. Frisbee, hacky sac, and slack lines are also encouraged.

Where: Jericho beach, on the lawn by the parking lot at the foot of Tolmie st.

When: First Wednesday of May, June, July, August and September, 6:30ish

http://www.ubc-voc.com/wiki/Summer_Barbeques

II. Miscellaneous

1) Pick Up Your Free Copy of the VOC Journal!

The latest edition of the VOC Journal was released at the banquet. It's a bound book containing stories, exploits and photos from the VOC over the past year - the stories and photos you submitted (warning - contains nudity and explicit language). All paying members (i.e. students and others, but not alumni) are entitled to one free copy of the VOC Journal for the past year - so if you were in the club this past year there's a copy there for you! Stop by the clubroom during gear hours, pre trip meetings, or any other time it's open and pick up your free copy.

We're on the honour system - there's no list to cross your name off of, just a box full of journals on the desk and some more under the couch. If you'd like more than one, extra copies are available for \$20.

2) Huts

We have four huts. Recently a trip to a non-VOC Hut, Lizzie Hut, East of Pemberton, found it in need of some work, as heavy snow has cracked one of the roof supports. The club is considering "adopting" this hut, as the previous person who looked after it died several years ago. This may not involve spending a lot of money and building a new hut to replace the existing one. What we talked about was a couple of trips up there this summer to cut out some brush, possibly improve the river crossing where the road is washed out, and perhaps putting in a post to take the weight where the roof beam is cracked. Anyways, sounds like we have at least a couple of weekends of trips to Lizzie.

Of course, we have some work planned for Brew, perhaps a whole week's worth. If you want a fairly mellow, pretty cheap week's holiday/work, talk to the Special Projects Person, or to Roland.

<http://www.ubc-voc.com/wiki/Huts>

3) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

I'm going crazy! Spring is awful. Every weekend I have to decide whether I'll go skiing, climbing, hiking, mountaineering, biking, or kayaking, the sun is so bright that I feel my retinas are burning, not to mention my skin has been sunburned dark red, like a rotten tomato. I look at the forecast, and I feel like crying: more sun.... it's all yellow, I swear! When I came to Vancouver I was told it would rain all the time, where is the rain?

I'm in need of help, urgently. I don't know what to do anymore, and the jump from the Lions Gate Bridge is looking more and more attractive.

I hope to hear from you ASAP,
Spring-Blues

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Dear SB,

Please calm down. I sense that you are in dire need of professional assistance. You have come to the right place.

It has often been said that a positive outlook on things makes everything easier. Always Look on the Bright Side of Life. That means the sun, doofus. Instead of hating the sun, welcome it. Wear sun screen. Don't forget that in the middle of the winter we were all singing Credence Clearwater's "Who'll Stop the Rain" with gusto.

It is possible that you are afflicted by the condition known as "sun deprivation": you have been away from the sun for so long, that you now fear it and in fact loathe it. The best medicine for this affliction is to confront your fear directly: spend time in the sun, but don't forget your sunglasses, hat and sunscreen. Moderate your exposure. If at any time you feel distressed, voice your concerns to your partners. Many a man has turned around over the years due to the "sun being too strong", you will not be the first. The mountain will still be there next year: safety first.

Yours,
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club

<http://www.ubc-voc.com>

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club