

VOCene #9 ☺ June 9th, 2010

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I. Upcoming Events and Trips

- 1) Ultimate on the Beach (ongoing, Wed)

On every Wednesday when it is not pouring rain, you'll find VOC'ers down at the beach playing Ultimate Frisbee. Come out and enjoy some exercise with fellow VOC'ers, and maybe even some sunshine!

Where: Jericho beach, on the lawn by the parking lot at the foot of Tolmie st.  
When: 6:30ish

- 2) Weekly Kayak Polo (ongoing, Thu)

For a while now, VOCers have been holding weekly kayak-polo sessions at the UBC pool. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. The practices were recently moved to the beach, and are usually on Thursday evenings. Please check the message board thread for updated information.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13419&t=13419>

- 3) Geoff's Beginner Friendly Mountaineering Trip, June 12-13 (Sat-Sun)

There seems to have been some desire of late for a mountaineering trip where beginners are welcome. This is it! The plan is to take a small group (~10) to either Mount Matier (north of Pemberton) or Mount Garibaldi (near Squamish) spend a little time on Saturday practicing skills such as glacier walking, self arrest, and crevasse rescue then attempt to summit the mountain Sunday morning.

The pre-trip meeting will be today (Wed, June 9th) at 7pm on the beach at the foot of Tolmie.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13395&t=13395>

[http://www.ubc-voc.com/wiki/2010\\_June\\_12-13\\_Beginner\\_Friendly\\_Mountaineering](http://www.ubc-voc.com/wiki/2010_June_12-13_Beginner_Friendly_Mountaineering)

#### 4) Get that monkey off your back: workshop on packing light, June 23 (Wed)

Hiking and camping is a lot of fun but can be a pain in the back if your pack is too heavy. In this workshop we'll explore ways to get your backpack lighter than you imagined possible - without spending a lot. The theme is **lighten it, lessen it or leave it**. This will be an interactive workshop, with several experienced VOC gram-counters on hand to share detailed tips and answer the questions that have been weighing you down. Co-hosted by James Murphy, Phil Tomlinson and more.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=48162&t=48162>

#### 5) Brew Hut Reno Workhike, June 26-27 (Sat-Sun)

The long awaited Official Brew Hut Renovation Workhike is finally happening! We need lots of excited people on this trip who are prepared to work hard, have fun, and give back to the outdoor community by helping us make the Brew Hut a great place to be. You don't need to be experienced in the outdoors or in hut maintenance, we just want you. All the info is on the wiki.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13389&t=13389>

[http://www.ubc-voc.com/wiki/2010\\_Jun\\_26-27\\_Brew](http://www.ubc-voc.com/wiki/2010_Jun_26-27_Brew)

## II. Miscellaneous

### 1) New Cloudburst Newsletter

The Spring/Summer 2010 issue of the FMCBC's newsletter is now available online. The VOC is a member of the FMCBC, the Federation of Mountain Clubs of BC, which deals with conservation and access issues in the province.

If you have any comments on this issue or contributions for the next issue please contact [admin.manager@mountainclubs.org](mailto:admin.manager@mountainclubs.org)

<http://www.mountainclubs.org/Cloudburst/2010/Spring10.pdf>

### 2) Club Gear For Sale (last chance)

The gear room is full, like bursting at the seams. In an effort to make room for all the new gear we are actually getting rid of some items that are still quality pieces of gear with lots of life left. We are selling these pieces because they are rarely used, not consistent with the majority of our inventory, or difficult to store. The prices are low by any standard, so come and get some excellent deals!

Diamir Fritschi Alpine Touring Bindings (small) for \$150:

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=48074&t=48074>

Snowshoes (various models) for \$50:

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=48073&t=48073>

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=48072&t=48072>  
<http://www.ubc-voc.com/phorum2/read.php?f=1&i=48071&t=48071>

### 3) ACC Membership Cards (last reminder)

One of the privileges of Student Membership in VOC is Student Membership in the Alpine Club of Canada (ACC). If you want to pick up your ACC membership card, it is in the Clubroom. ACC membership enables you to go on ACC trips, providing you fulfill whatever other obligations they throw at you. Around lunch time there is often someone at the Clubroom, but your best bet is to go during gear hours (currently Wed and Thu, 12:30-13:30).

### 4) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

I appreciate how helpful your column has become, but how come it's not nearly as funny as it used to be? How am I supposed to laugh at (with?) my peers when your column no longer pokes fun at unnamed club members?

Thanks for your advice,  
Bored At Work

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Dear BAW,

I'd be glad to answer any question sent to me, be it comical or informational. Unfortunately (for you, at least) the latest questions have been from the club's newest influx of members who are starving for basic information about the outdoors and BC.

If you'd like a column that laughs at your friends, make it happen. How about the couple who recently forgot their skins in Vancouver and only realized it at the trailhead, returned the next day with skins but got lost on the logging roads in a whiteout. Or what about the guy who got bonked by a windsurfer mast, giving him a black eye and losing his glasses? Yes, I love that kind of material too...

Yours,  
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquiries or additions to: [vocene@ubc-voc.com](mailto:vocene@ubc-voc.com). To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club  
<http://www.ubc-voc.com>

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**(This is no joke, no wimpy confirmation screens will appear, so don't mess around)**

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**Varsity Outdoor Club**