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Content :

VOCene #13 ☺ July 19th, 2010

In this VOCene:

I. Upcoming Events and Trips

- 1) Ultimate on the Beach (ongoing, Wed)
- 2) Weekly Kayak Polo (ongoing)
- 3) Beginner friendly overnight hike to Elsay Lake July 22-23 (Thu-Fri)
- 4) Lizzie Creek Cabin Workhike, July 24-25 (Sat-Sun)
- 5) Todd's Beginner Friendly Brian Waddington Hut Scrambling Trip, July 31 - Aug 2 (Aug long weekend)
- 6) Geoff's August Long Weekend Tantalus Trip, July 31 - Aug 2 (Aug long weekend)
- 7) VOC Summer BBQ, Aug 4 (Wed)
- 8) Veenstra's annual "Moderate Friendly Summer Traverse" around Powder Mountain, Aug 7-8 (Sat-Sun)

II. Miscellaneous

- 1) VOCene on summer schedule
- 2) Ms. Manners

I. Upcoming Events and Trips

- 1) Ultimate on the Beach (ongoing, Wed)

On every Wednesday when it is not pouring rain, you'll find VOC'ers down at the beach playing Ultimate Frisbee. Come out and enjoy some exercise with fellow VOC'ers, and maybe even some sunshine!

Where: Jericho beach, on the lawn by the parking lot at the foot of Tolmie st.
When: 6:30ish

- 2) Weekly Kayak Polo (ongoing)

For a while now, VOCers have been holding weekly kayak-polo sessions at the UBC pool. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. The practices were recently moved to the beach, and are usually on Thursday evenings. Please check the message board thread for updated information.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13419&t=13419>

- 3) Beginner friendly overnight hike to Elsay Lake July 22-23 (Thu-Fri)

Gwyn is planning on hiking to Elsay Lake which is around 7 or 8km from the Seymour parking lot located on the North Shore. There is also the option of making the hike a bit further by hiking to the peak of Mount Seymour and the peak of Mount

Elsay. So far it's only me and one other person, so I figured I would see if anyone else was interested. Hopefully since it's a Thursday we will have the lake to ourselves.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14157&t=14157>

4) Lizzie Creek Cabin Workhike, July 24-25 (Sat-Sun)

Ladies and gentlemen! Fellow VOCers!

The long awaited Lizzie Creek Cabin workhike is going to happen!! The magical dates are Sat-Sun July 24-25, with an optional friday evening departure.

We will drive into a semi-seldom visited valley up to a big wash-out, ford a creek, au-cheval a log to cross it back again, we will 'gain the logging road', clear it of slide alder which has been encroaching upon it since the road washed out in 2007, and work on the hut. It will be lots of fun - to learn more and to sign up check out the message board and wiki:

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14045&t=14045>

http://www.ubc-voc.com/wiki/2010_July_24-25_Lizzie_Creek_Cabin_Workhike

5) Todd's Beginner Friendly Brian Waddington Hut Scrambling Trip, July 31 - Aug 2 (Aug long weekend)

Now that the snow is melting, it's time to get out and do some scrambles. This trip will be over the BC day long weekend, so hopefully people will be able to join us. The plan is to head to the Brian Waddington hut and do some of the surrounding scrambles described in Matt's Scrambles book. This will be beginner friendly as long as you're fit, can hike for most of a day and aren't too afraid of falling off mountains. Since this is a summer hut trip, our packs should be quite light, which will help. Ice axes, helmets and sturdy footwear are mandatory, but can easily be rented from the clubroom.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14135&t=14135>

http://www.ubc-voc.com/wiki/2010_July_31-Aug_2_Beginner_Friendly_Scrambling

6) Geoff's August Long Weekend Tantalus Trip, July 31 - Aug 2 (Aug long weekend)

From Geoff: Lake Lovelywater and the Tantalus Range is one of my favorite places to go! It's located northwest of Squamish and accessible by the Squamish Valley Road in Brackendale. This is a semi-beginner friendly trip and will be tailored to people's skill/comfort levels scrambling, however it is expected that all participants have some scrambling experience. If you have no scrambling experience check out Todd's Trip (see above).

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14146&t=14146>

http://www.ubc-voc.com/wiki/Geoff%27s_August_Long_Weekend_Tantalus_Trip

7) VOC Summer BBQ, Aug 4 (Wed)

The August VOC Summer BBQ is coming up! These are a great place to meet new friends, have trip meetings, or talk about ideas and plans for the upcoming month. Don't forget to bring your own hamburgers, weiners, roastable veggies or whatever along. Someone usually brings a barbecue. Frisbee, hacky sac, and slack lines are also encouraged.

Where: Jericho beach, on the lawn by the parking lot at the foot of Tolmie st.

When: First Wednesday of May, June, July, August and September, 6:30ish

http://www.ubc-voc.com/wiki/Summer_Barbeques

8) Veenstra's annual "Moderate Friendly Summer Traverse" around Powder Mountain, Aug 7-8 (Sat-Sun)

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14126&t=14126>

http://www.ubc-voc.com/wiki/7Aug2010_PowderTraverse

II. Miscellaneous

1) VOCene on summer schedule

For the month of July, the VOCene will be on a loose two week schedule. To find out about upcoming trips, please check the message board and the wiki (see below). The next VOCene will be sent out in the beginning of August.

<http://www.ubc-voc.com/phorum2/list.php?f=3>

http://www.ubc-voc.com/wiki/Trip_Agenda

2) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

What can we do to encourage (or force if necessary) people to read the threads before asking questions? It is quite annoying having to repeat or re-read something that was already said. There is nothing wrong about asking questions, it is a good thing actually. But what can we do to strongly encourage attention deficit disorder individuals or other absentminded people to actually read the thread before interacting on the message board?

Thanks for your advice,
Please Read to the End

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Dear PRE,

The problem might be that most of VOC'ers are lazy - they don't scroll down and read through the messages. Probably nothing could be done about this though.

Perhaps you'd consider posting a photo in your initial message? Most VOC'ers are severely visual. Posting a photo at the top of the thread might serve to pull their attention from the bottom of the thread to the top of it. Even better, consider posting a photo involving nudity in the outdoors. If it doesn't help the problem, it might at least boost your popularity!

Yours,
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the want VOCene box

UBC Varsity Outdoor Club
<http://www.ubc-voc.com>

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club