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VOCene #21 📅 September 29th, 2010

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#### I. Upcoming Events and Trips

- 1) Baffin Island Slideshow, Sep 30 (Thu)

Scott Webster will show awesome pictures from his recent trip to Auyuittuq National Park on Baffin Island at 6:30pm in the clubroom.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49365&t=49365>

- 2) Semi-Weekly Kayak Polo, Sep 30 (Thu)

For a while now, VOCers have been holding semi-weekly kayak-polo sessions at the UBC pool or the beach. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. Please check the message board thread for updated information. This session will be at the UBC pool on Sep 30th between 8-10pm.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13419&t=13419>

[http://www.ubc-voc.com/wiki/Kayak\\_Polo\\_%40\\_the\\_Aquatic\\_Centre](http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre)

- 3) Parkour 2, Sep 30 (Thu)

Juan has been training Parkour for two years now and is trying to interest more

people at UBC in it. Parkour is defined by americanparkour.com as "the physical discipline of training to overcome any obstacle within one's path by adapting one's movements to the environment". Though the day may have to switch if the weather does not cooperate, Juan will be holding a training session on Thursday, September 30 at 6:00 PM for anyone looking to learn the basics. Starting at the front of Gage this time.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15179&t=15179>

#### 4) Garibaldi/BlackTusk backpacking trip, Oct 1-3 (Fri-Sun)

From Jonathan Doherty:

I'm planning a weekend backpacking trip up to Garibaldi Lake/Black Tusk Mountain area. I am new to Vancouver and want to get out of the city and go backpacking before ski season. I am looking for 1-3 people to go along as that's how many seats I will have left in my Tacoma. I have all the gear + experience needed so just looking for a couple people who are down for a good weekend. Planning on leaving Friday afternoon and coming back Sunday night. Still just starting to plan it out but I will figure out food, maps, and where exactly we will camp later in the week. Email me if you're interested ([jonathondoherty@earthlink.net](mailto:jonathondoherty@earthlink.net)) and we will finish planning it out.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15209&t=15209>

#### 5) Long Hike!, Oct 2-3 (Sat-Sun)

Longhike is the club's popular, annual rock climbing & party extravaganza. Small groups are led by an instructor who is a fellow VOC member with climbing experience. On Saturday there is a "rock school" in Squamish and groups climb at either Murrin Park or the Little Smoke Bluffs. All ability levels are welcome and no climbing experience is necessary. An alternative hiking trip may be available for those who do not wish to climb, but still want to be part of this fabulous weekend. Saturday night will feature dinner at our venue followed by a dessert potluck and a huge party with DJs. Sunday is open to climbing (and/or hiking) and there will be no formal instruction. This is the perfect time to try out your newly learned skills with people that you have met climbing or partying. Tickets are sold out, but there might be some last minute sales of tickets by people who can't go in the end.

Mandatory pretrip meeting: Wed Sept 29th, 7pm, MATH 100 (Today!). If you haven't renewed your membership yet, you MUST do this at the pretrip meeting or before.

<http://www.ubc-voc.com/wiki/Longhike>

[http://www.ubc-voc.com/wiki/Longhike\\_2010](http://www.ubc-voc.com/wiki/Longhike_2010)

#### 6) Mt. Skihist, Oct 2-3 (Sat-Sun)

Brad Ward and Nick Matwyuk are planning on climbing Mt. Skihist this weekend. Nick has a Jeep with 3 spare seats if anyone is interested. The plan is to leave early Friday morning and come back on Sunday. This is not a well maintained trail and there will be bushwacking involved. If you need to be motivated or repelled (depends on your idea of fun) read this trip report.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15206&t=15206>

#### 7) Croquet, (ongoing, Tue)

Lately croquet has been happening on Tuesdays, meeting at 8pm at the clubroom. Croquet is not exactly what it sounds like, to get a better idea check out <http://www.buildering.net/guidebooks/ubc> or just show up! No special gear required. Check the message board for details about upcoming croquet meet ups.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14993&t=14993>

#### 8) Summers in the Arctic (Slideshow), Oct 6 (Wed)

Summers in the Arctic: Yukon and Nunavut (Ellesmere island) by Breanne Johnson, Oct 6 at 7pm in the clubroom.

#### 9) High Falls Creek Dayhike, Oct 9 (Sat)

We will be hiking up this fairly seldom traveled trail just up the Squamish Valley. It starts at a fairly low elevation, and doesn't reach any prominent peak, yet still provides beautiful views of the valley and of the falls themselves. The trail is attractive, and mostly forested along the way. Beginners are highly welcome on this trip. However, it may be quite steep and/or very challenging. This trip is intended for people who have some hiking experience and are comfortable in hiking/moderate scrambling situations. This will be a day trip from Vancouver leaving on Saturday morning, Oct 9. This leaves Sunday open for you to eat turkey and trimmings, if that's what you're into.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15174&t=15174>

[http://www.ubc-voc.com/wiki/Emily%27s\\_Beginner-friendly\\_High\\_Falls\\_Creek\\_Daytrip](http://www.ubc-voc.com/wiki/Emily%27s_Beginner-friendly_High_Falls_Creek_Daytrip)

#### 10) Beginner Friendly Ossa Mtn. Scrambling Trip, Oct 9-10 (Sat-Sun)

Come on a beginner-friendly scramble in the Tantalus Range! This trip is for you if you have at least some hiking and backpacking experience and a reasonable level of fitness; there's a fair amount of elevation to cover. The route is the one described in Scrambles in SWBC. The plan is to camp for one night on the way up, then summit and come down on Sunday, in order to build up our appetites for turkey-eating on Monday. The number of people may be increased depending on how experienced the group is.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15165&t=15165>

[http://www.ubc-voc.com/wiki/Laura%27s\\_Beginner-friendly\\_Ossa\\_Mountain\\_trip](http://www.ubc-voc.com/wiki/Laura%27s_Beginner-friendly_Ossa_Mountain_trip)

#### 11) Climbing at Vantage/Leavenworth, Oct 9-11 (Sat-Mon, Thanksgiving)

Traditionally a group of VOC'ers heads to Vantage or Leavenworth for three days over the Thanksgiving long weekend. It looks like this will happen again this year, but details are not yet available - check the message board soon.

#### 12) Indian Arm Kayak Trip, Oct 17-18

This trip is beginner friendly, with the usual connotations. There will be quite a bit of paddling involved: good strength and/or fitness is recommended; paddling experience is a real asset. Indian Arm usually has very calm waters, but we will be paddling close to shore for the most part in case it gets rough. The views are spectacular, Deep Cove has a place where they sell amazing honey-dipped donuts, and kayaking is one of those things where light rain just cools you off. Some camping experience is also good. We will be paddling double kayaks (more space -

more stable - cheaper to rent). This means you can bring more than you would on a backpacking trip.

[http://www.ubc-voc.com/wiki/Indian\\_Arm\\_Kayak\\_2010](http://www.ubc-voc.com/wiki/Indian_Arm_Kayak_2010)

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15229&t=15229>

## II. Miscellaneous

### 1) Looking for Slideshow Presenters

Every year we hold weekly slideshows at the clubroom (and sometimes in bigger rooms if it gets crowded). We're looking for people to talk about cool trips and adventures they've been involved in, basically show us your cool pictures and tell us about all the cool/hardcore stuff involved. After the slideshows we usually go for a beer at the Gallery upstairs.

Email Ignacio at [rozada@math.ubc.ca](mailto:rozada@math.ubc.ca) if you want to give a slideshow. The format is very flexible and we've had a few instructional seminars too (how to build a harness, how to pack super light). We might even show some of the movies in our library, especially since we now have a new fancy projector.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49186&t=49186>

### 2) VOC Journal: Call for articles and your help

Every year around March/April the VOC publishes its annual journal. This wouldn't be possible without the help of all of you! To find out how you can contribute/help take a look at the links below, and feel free to contact the Journal Editor, Kathrin Lang at [journal@ubc-voc.com](mailto:journal@ubc-voc.com).

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49224&t=49224>

[http://www.ubc-voc.com/wiki/VOC\\_Journal](http://www.ubc-voc.com/wiki/VOC_Journal)

### 3) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

I really want to do a trip to Mt. Shacklebones, but no one has organized such a trip. This is my lifetime goal, how will I ever climb this mountain if no one organizes a trip to climb it?!

Thanks for your advice,  
Want to Climb

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Dear WC,

The VOC encourages members to run their own trips as soon as possible - this provides a great learning opportunity for you (the organizer) as well as more trips for club members! Not to mention you would get a chance to climb that one peak you are obsessing about, and with good company.

Feel free to check out some alternative ideas for trips on the wiki:  
[http://www.ubc-voc.com/wiki/Trip\\_ideas](http://www.ubc-voc.com/wiki/Trip_ideas). Also, Christian Veenstra is the VOC's  
Trip Coordinator Executive. He's run a lot of trips, and it's his role to help  
your trips be as successful as possible - go ahead and contact him regarding any  
help you need to get your own trips started. He'd be happy to help.

Yours,  
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or  
additions to: [vocene@ubc-voc.com](mailto:vocene@ubc-voc.com). To unsubscribe from the VOCene  
mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and  
uncheck the "want VOCene" box

UBC Varsity Outdoor Club  
<http://www.ubc-voc.com>

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**(This is no joke, no wimpy confirmation screens will appear, so don't mess around)**

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**Varsity Outdoor Club**