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VOCene #22 ☺ October 6th, 2010

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I. Upcoming Events and Trips

- 1) Summers in the Arctic (Slideshow), Oct 6 (Wed)

Summers in the Arctic: Yukon and Nunavut (Ellesmere island) by Breanne Johnson, Oct 6 at 7pm in the clubroom.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49631&t=49631>

- 2) High Falls Creek Dayhike, Oct 9 (Sat)

We will be hiking up this fairly seldom traveled trail just up the Squamish Valley. It starts at a fairly low elevation, and doesn't reach any prominent peak, yet still provides beautiful views of the valley and of the falls themselves. The trail is attractive, and mostly forested along the way. Beginners are highly welcome on this trip. However, it may be quite steep and/or very challenging. This trip is intended for people who have some hiking experience and are comfortable in hiking/moderate scrambling situations. This will be a day trip from Vancouver leaving on Saturday morning, Oct 9. This leaves Sunday open for you to eat turkey and trimmings, if that's what you're into.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15174&t=15174>

http://www.ubc-voc.com/wiki/Emily%27s_Beginner-friendly_High_Falls_Creek_Daytrip

3) Callaghan Ski Trail Signs Workhike (Part 2), Oct 9/10 (Sat/Sun)

For those of us with Thanksgiving family dinner obligations, here's a quick city workhike. Scott needs some help building some trailhead signs - cutting lumber and fitting the pieces together. No experience or tools are required. This will all take place at his dad's house in Ambleside (near Park Royal in West Vancouver).

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15359&t=15359>

4) Beginner Friendly Ossa Mtn. Scrambling Trip, Oct 9-10 (Sat-Sun)

Come on a beginner-friendly scramble in the Tantalus Range! This trip is for you if you have at least some hiking and backpacking experience and a reasonable level of fitness; there's a fair amount of elevation to cover. The route is the one described in Scrambles in SWBC. The plan is to camp for one night on the way up, then summit and come down on Sunday, in order to build up our appetites for turkey-eating on Monday. The number of people may be increased depending on how experienced the group is.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15165&t=15165>

http://www.ubc-voc.com/wiki/Laura%27s_Beginner-friendly_Ossa_Mountain_trip

5) White Water Kayaking Chehalis/Coquihalla, Oct 9-10 (Sat-Sun)

Merrick and Matt are planning to paddle either the Chehalis or Coquihalla Rivers on Sat and then Chilliwack River on Sun! The runs are Class III+.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15400&t=15400>

6) Climbing at Vantage/Leavenworth, Oct 9-11 (Sat-Mon, Thanksgiving)

Rock climbing trip to the nice and usually dry rock of north Washington state. This trip is not instructional (unless you find someone that would be willing to teach), and people should have some rock climbing experience, as well as access to the necessary gear. Ideally we'll organize everything through the web, so please put your name down if keen to come, and if you put your name on a car email the driver. Depending on the weather we can climb at Leavenworth or Vantage, as they're about one hour away from each other.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15222&t=15222>

http://www.ubc-voc.com/wiki/Vantage-Leavenworth_rock_climbing_trip

7) Callaghan Ski Trail Signs Workhike (Part 3), Oct 11 (Mon)

This trip is a workhike to put up some trailhead signs for the Beverley Creek and Hanging Lake ski trails in the Callaghan Valley. These trails were developed to enhance backcountry access and to "stake our claim" in the area. So far the trails have proven to be quite popular and they will be easily accessible again next season after being blocked last year for the Olympics. This is the final installment of sign trilogy which will involve actually putting up the signs. This is the most fun part since you get to appreciate the finished product when you are done.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15360&t=15360>

8) Semi-Weekly Kayak Polo, Oct 12 (Tue)

For a while now, VOCers have been holding semi-weekly kayak-polo sessions at the UBC pool or the beach. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. Please check the message board thread for updated information.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13419&t=13419>

http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre

9) Croquet, (ongoing, Tue)

Lately croquet has been happening on Tuesdays, meeting at 8pm at the clubroom. Croquet is not exactly what it sounds like, to get a better idea check out <http://www.buildering.net/guidebooks/ubc> or just show up! No special gear required. Check the message board for details about upcoming croquet meet ups.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14993&t=14993>

10) Slideshow on mountaineering in South America, Oct 13 (Wed)

Ira Sutherland will present some photos and video footage from his mountaineering exploits in South America, 7pm at the clubroom.

11) Kathrin's Brew Hut Trip, Oct 16-17 (Sat-Sun)

The Brew Hut is our most accessible Hut, and is especially recommended for those who are new to the Club and the area. With a bit of luck, we will drive about 7 kms of logging road, and then hike about 3 kms of forest plus 2 kms of alpine meadows to get to the Hut. The Brew Hut had a lot of attention this year. We did some renovations, replacing tar paper and windows, some painting... The plan is to cut fire wood and get the hut ready for the winter and skiing season. So we might do some more painting and other stuff. Besides awesome views on nice and sunny days you can hike up to Brew Mountain and if we have some maps and a compass as well as GPS we can learn how to use them!

http://www.ubc-voc.com/wiki/2010_Oct_16-17_BrewHutTrip

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15331&t=15331>

12) Indian Arm Kayak Trip, Oct 16-17 (Sat-Sun)

This trip is beginner friendly, with the usual connotations. There will be quite a bit of paddling involved: good strength and/or fitness is recommended; paddling experience is a real asset. Indian Arm usually has very calm waters, but we will be paddling close to shore for the most part in case it gets rough. The views are spectacular, Deep Cove has a place where they sell amazing honey-dipped donuts, and kayaking is one of those things where light rain just cools you off. Some camping experience is also good. We will be paddling double kayaks (more space - more stable - cheaper to rent). This means you can bring more than you would on a backpacking trip.

http://www.ubc-voc.com/wiki/Indian_Arm_Kayak_2010

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15229&t=15229>

13) Waddington range the old-fashioned way (Slideshow), Oct 20 (Wed)

Follow a group of intrepid VOC'ers on their exploits in the Waddington range. This will be in room 1100 of the Mathematics Annex (MATX) at 7pm.

14) Phelix Hut and Trail Workhike, Oct 23-24 (Sat-Sun)

Once upon a time, access to the Brian Waddington hut was difficult. People would make it in well after dark or not at all. Then the club built a beautiful new trail. The trail is in pretty good shape, but it won't stay that way without maintenance. This will be a great chance to get out and do some real, useful, but not too threatening work for the club (and one of the last chances before 4m of snow covers everything). October is a great time for these sorts of things - you'll feel good, even though the climbing season is coming to an end and ski season is yet to begin. I mean, what else could you do this time of year? Go to a hot spring? This trip will be beginner friendly, which means the experienced people will help keep you alive if you've never done something like this before. That said, the trail into the hut is pretty good... so if necessary and you abandon trail work, just concentrating on survival, it would be pretty easy.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15291&t=15291>

http://www.ubc-voc.com/wiki/Fall_Phelix_workhike_2010

II. Miscellaneous

1) Looking for Slideshow Presenters

Every year we hold weekly slideshows at the clubroom (and sometimes in bigger rooms if it gets crowded). We're looking for people to talk about cool trips and adventures they've been involved in, basically show us your cool pictures and tell us about all the cool/hardcore stuff involved. After the slideshows we usually go for a beer at the Gallery upstairs.

Email Ignacio at rozada@math.ubc.ca if you want to give a slideshow. The format is very flexible and we've had a few instructional seminars too (how to build a harness, how to pack super light). We might even show some of the movies in our library, especially since we now have a new fancy projector.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49186&t=49186>

2) VOC Journal: Call for articles and your help

Every year around March/April the VOC publishes its annual journal. This wouldn't be possible without the help of all of you! To find out how you can contribute/help take a look at the links below, and feel free to contact the Journal Editor, Kathrin Lang at journal@ubc-voc.com.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49224&t=49224>

http://www.ubc-voc.com/wiki/VOC_Journal

3) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

I just went on a VOC trip, and I arrived home with a strong headache, queasy stomach, and feeling very dehydrated. Is this some sort of altitude-related after effect? It also seems to have affected my memory, I only have vague recollections of the previous night, something involving a scramble on a pretty flat surface with sharp corners.

Possibly Hypochondriac VOCer

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Dear PHV,

It's a funny thing, but I had the same symptoms after this weekend. At first I thought that my wild and crazy memories from the weekend were the result of someone slipping me a mickey. After further probing, I now suspect we are both suffering from Longevitis Hikitis. This is a well known sickness that usually afflicts VOC'ers around October each year - typically about a third of our membership suffers from this ailment. The cause seems to have something to do with an overdose of general merriment. Being crushed by a heavy weight certainly does not help. However, I assure you that the effects will subside as you sink back into your usual boring routine.

Enjoy!

Yours,
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the "want VOCene" box

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Varsity Outdoor Club