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Content :

VOCene #23 ☺ October 13th, 2010

In this VOCene:

I. Upcoming Events and Trips

- 1) Slideshow on mountaineering in South America, Oct 13 (Wed, Today!)
- 2) Skyler's Golden Ears Day Hike, Oct 16 (Sat)
- 3) Kathrin's Brew Hut Trip, Oct 16-17 (Sat-Sun)
- 4) Indian Arm Kayak Trip, Oct 16-17 (Sat-Sun)
- 5) Croquet, (ongoing, Tue)
- 6) Waddington range the old-fashioned way (Slideshow), Oct 20 (Wed)
- 7) Belay Test Extravaganza, Oct 21 (Thu)
- 8) Mt. MacDonald Day Scramble, Oct 23 (Sat)
- 9) Phelix Hut and Trail Workhike, Oct 23-24 (Sat-Sun)
- 10) Garibaldi and Black Tusk Weekend, Oct 23-24 (Sat-Sun)
- 11) Intro to Orienteering, Oct 26 (Tue)
- 12) Semi-Weekly Kayak Polo, Oct 26 (Tue)

II. Miscellaneous

- 1) Ski and Board Week Booth: Volunteers Needed! (Oct 14-15)
 - 2) Rewards and incentives for trip organizers
 - 3) Looking for Slideshow Presenters
 - 4) VOC Journal: Call for articles and your help
 - 5) Ms. Manners
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I. Upcoming Events and Trips

- 1) Slideshow on mountaineering in South America, Oct 13 (Wed, Today!)

Ira Sutherland will present some photos and video footage from his mountaineering exploits in South America, 7pm at the clubroom.

- 2) Skyler's Golden Ears Day Hike, Oct 16 (Sat)

The Golden Ears are some beautiful peaks overlooking the lower mainland. It takes about an hour to drive to the trailhead. This hike is a long day hike with a fair bit of elevation gain, but with nothing more than reasonable fitness, we should be able to do the easy scramble up the peak(s). So, this is beginner and family friendly. Expect to start early in the morning and push hard for the whole day. Saturday October 16th is the day. We can all be back for the MEC Gear Swap on Sunday. We need people to drive. So, the number of people that can come is dependent on the amount of rides we can provide collectively for each other.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15455&t=15455>
http://www.ubc-voc.com/wiki/Skyler%27s_Golden_Ears_Day_Hike

3) Kathrin's Brew Hut Trip, Oct 16-17 (Sat-Sun)

The Brew Hut is our most accessible Hut, and is especially recommended for those who are new to the Club and the area. With a bit of luck, we will drive about 7 kms of logging road, and then hike about 3 kms of forest plus 2 kms of alpine meadows to get to the Hut. The Brew Hut had a lot of attention this year. We did some renovations, replacing tar paper and windows, some painting... The plan is to cut fire wood and get the hut ready for the winter and skiing season. So we might do some more painting and other stuff. Besides awesome views on nice and sunny days you can hike up to Brew Mountain and if we have some maps and a compass as well as GPS we can learn how to use them!

http://www.ubc-voc.com/wiki/2010_Oct_16-17_BrewHutTrip

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15331&t=15331>

4) Indian Arm Kayak Trip, Oct 16-17 (Sat-Sun)

This trip is beginner friendly, with the usual connotations. There will be quite a bit of paddling involved: good strength and/or fitness is recommended; paddling experience is a real asset. Indian Arm usually has very calm waters, but we will be paddling close to shore for the most part in case it gets rough. The views are spectacular, Deep Cove has a place where they sell amazing honey-dipped donuts, and kayaking is one of those things where light rain just cools you off. Some camping experience is also good. We will be paddling double kayaks (more space - more stable - cheaper to rent). This means you can bring more than you would on a backpacking trip.

http://www.ubc-voc.com/wiki/Indian_Arm_Kayak_2010

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15229&t=15229>

5) Croquet, (ongoing, Tue)

Lately croquet has been happening on Tuesdays, meeting at 8pm at the clubroom. Croquet is not exactly what it sounds like, to get a better idea check out <http://www.buildering.net/guidebooks/ubc> or just show up! No special gear required. Check the message board for details about upcoming croquet meet ups.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=14993&t=14993>

6) Waddington range the old-fashioned way (Slideshow), Oct 20 (Wed)

Veenstra, Line, Kjell and Steve: Waddington range the old-fashioned way. Note, not in the clubroom but in MATX 1100 at 7pm.

<http://www.youtube.com/watch?v=9WQaTzEGbSU>

7) Belay Test Extravaganza, Oct 21 (Thu)

Lisa and Phil will be belay testing as many people as they can handle on Oct 21 (Thursday) at the VOC climbing wall (behind the Norm theater), between 12-1pm. A belay test is necessary in order to use the VOC climbing wall, which members can use for free. Details on the climbing wall and what is included in the belay test can be found in the link below.

http://www.ubc-voc.com/wiki/VOC_climbing_wall

8) Mt. MacDonald Day Scramble, Oct 23 (Sat)

The goal is to scramble the to the peak of Mount MacDonald in Chilliwack in one day. MacDonald is listed in Matt Gunn's Scrambles as a moderate scramble so a helmet is required. The trailhead is only about 2 hours drive from Vancouver and is accessible by 2WD vehicles.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15551&t=15551>

http://www.ubc-voc.com/wiki/Mount_MacDonald_Day_Scramble

9) Phelix Hut and Trail Workhike, Oct 23-24 (Sat-Sun)

Once upon a time, access to the Brian Waddington hut was difficult. People would make it in well after dark or not at all. Then the club built a beautiful new trail. The trail is in pretty good shape, but it won't stay that way without maintenance. This will be a great chance to get out and do some real, useful, but not too threatening work for the club (and one of the last chances before 4m of snow covers everything). October is a great time for these sorts of things - you'll feel good, even though the climbing season is coming to an end and ski season is yet to begin. I mean, what else could you do this time of year? Go to a hot spring? This trip will be beginner friendly, which means the experienced people will help keep you alive if you've never done something like this before. That said, the trail into the hut is pretty good... so if necessary and you abandon trail work, just concentrating on survival, it would be pretty easy.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15291&t=15291>

http://www.ubc-voc.com/wiki/Fall_Phelix_workhike_2010

10) Garibaldi and Black Tusk Weekend, Oct 23-24 (Sat-Sun)

We will be going up the Garibaldi Lake in Garibaldi Park for an overnight trip. We will set up camp at Taylor Meadows, which is 7.5 km from the trail head with 900 meters elevation gain. This trip is beginner friendly but there is elevation gain. The trail is well made with lots of switch backs but it is a steady climb most of the way. No experience is needed, but proper gear and a general level of fitness will make your life easier!

http://www.ubc-voc.com/wiki/Garibaldi_Lake_Weekend_Oct2010

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15434&t=15434>

11) Intro to Orienteering, Oct 26 (Tue)

The purpose of this event is to provide a quick and basic introduction to orienteering. You will learn how to follow bearings, orient yourself using a detailed map, and plan an efficient route that passes through the required waypoints. After learning the basics you will have the opportunity to try it out on a short course around UBC campus. Many of the skills involved in orienteering are very useful on backcountry trips. Hopefully you will discover that orienteering is a fun standalone sport, but also that navigation is a fun and useful tool to employ in the outdoors.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15573&t=15573>

http://www.ubc-voc.com/wiki/Intro_to_Orienteering_2010

12) Semi-Weekly Kayak Polo, Oct 26 (Tue)

For a while now, VOCers have been holding semi-weekly kayak-polo sessions at the UBC pool or the beach. Typically, half the time is spent practicing rolls, as there's always people that want to learn, and the rest of the time we play kayak-polo. Please check the message board thread for updated information.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=13419&t=13419>

http://www.ubc-voc.com/wiki/Kayak_Polo_%40_the_Aquatic_Centre

II. Miscellaneous

1) Ski and Board Week Booth: Volunteers Needed! (Oct 14-15)

The VOC has a booth at the Ski and Board Week. The format is similar to the booth we had at clubs days. If you can help out on Thu and Fri this week (Oct 14-15), look for details on the message board and wiki, or contact Lisa (lisa.pittl@gmail.com) with your availability.

2) Rewards and incentives for trip organizers

In an effort to reward our dedicated members who spend time teaching and leading our beginner members on some of the most fun trips to some of the most beautiful places in BC, we have developed a partnership with ProMotive.com to offer discounts on backcountry brands. These discounts are open to members who we call VOC Trip Organizers. You may be thinking to yourself, "I have led trips for the VOC! Am I a VOC Trip Organizer?" Or "how do I lead trips for the VOC to become a VOC Trip Organizer?" Well, in order to answer these questions, the exec has come up with a handy check list to determine if trips you have already led qualify you as a VOC Trip Organizer, or how help you lead your first trips to qualify you as a VOC Trip Organizer. See more info in the links below.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49623&t=49623>

http://www.ubc-voc.com/wiki/Discounts_for_VOC_Trip_Organizers

3) Looking for Slideshow Presenters

Every year we hold weekly slideshows at the clubroom (and sometimes in bigger rooms if it gets crowded). We're looking for people to talk about cool trips and adventures they've been involved in, basically show us your cool pictures and tell us about all the cool/hardcore stuff involved. After the slideshows we usually go for a beer at the Gallery upstairs.

Email Ignacio at rozada@math.ubc.ca if you want to give a slideshow. The format is very flexible and we've had a few instructional seminars too (how to build a harness, how to pack super light). We might even show some of the movies in our library, especially since we now have a new fancy projector.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49186&t=49186>

4) VOC Journal: Call for articles and your help

Every year around March/April the VOC publishes its annual journal. This wouldn't be possible without the help of all of you! To find out how you can contribute/help take a look at the links below, and feel free to contact the Journal Editor, Kathrin Lang at journal@ubc-voc.com. First deadline for articles covering stories from April to October 2011 is December 1st!

http://www.ubc-voc.com/wiki/VOC_Journal_2010_-_2011

5) Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Dear Ms. Manners,

I want to be more badass, what can I do?

Wannabee Badass

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Dear WB,

Well, depends what you mean by bad ass... If you want to be in better shape - a mean machine, simply eat triathlons for breakfast. If you want to be as strong as Mike Tyson, doing 100 push ups followed by 50 chin ups every morning and evening should help. If you want to have a big bad ass, McDonalds three times a day for a month should do the trick.

But, then again, what's so good about being bad?

Yours,
Ms. Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the "want VOCene" box

UBC Varsity Outdoor Club
<http://www.ubc-voc.com>

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Varsity Outdoor Club