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I. Special Announcements

- 1) Final journal deadline

The final journal deadline is coming up soon: February 15th. If you know you will write an article or have already submitted one, please update the wiki with the title and author name. When submitting, please remember to submit photos, and captions for your photos as well! Please include the location, names of people in the photo and who took the photo.

If you decide to change a trip report (TR) into a journal article, please don't just send the TR, but reread it, consider adding some information, give it a personal twist if it doesn't have one yet, maybe some background about the region the trip was, why you were on the trip (especially if you did that trip by yourself and with friends). If you need some ideas you can also ask people you were on the trip with. If you're not sure, just read a couple of articles from old

journals and you will get a hang of it, or you can send your article to the journal editor and she will send it back to you with some suggestions.

Also, if anyone is interested in some illustrations, comics, or simply some fun stuff, that would be great. Ideas can always be discussed on the message board!

Last but not least: HELP NEEDED!

So far only 3 people said they were interested in helping with editing. The first edition session will be Sunday January 30th at Kathrin Lang's (the Journal Editor) house at 11 am. She'll provide breakfast, coffee, tea, or just bring your laptop. If you are interested please email [journal@ubc-voc.com](mailto:journal@ubc-voc.com).

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49224&t=49224>

<http://www.ubc-voc.com/wiki/VOCJ53>

## 2) Photo contest now open!

The annual and much acclaimed VOC photo contest is now open! The deadline for submission is February 15th at 4pm. You may submit a maximum of six photos.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=51587&t=51587>

[http://www.ubc-voc.com/wiki/Photo\\_Contest\\_2010-11](http://www.ubc-voc.com/wiki/Photo_Contest_2010-11)

## II. Upcoming Events and Trips

### 1) Tele School, Jan 15 (Sat)

It's hard to learn how to ski in the backcountry, and that's why there's Tele School. Tele school is an instructional lift skiing trip to one of the local mountains near Vancouver. Instructors are volunteer VOC members, not professional certified ski instructors. Students will be split into groups of 4 or 5 based on their ability level and matched with an instructor for the day. Typically everyone meets up for lunch.

[http://www.ubc-voc.com/wiki/Tele\\_School\\_2011](http://www.ubc-voc.com/wiki/Tele_School_2011)

### 2) Needle Peak Ski (or alternate destination), Jan 15-16 (Sat-Sun)

While Fun Types 3b, 1 and probably 2 are being enjoyed at Tele School, Vicky is organizing a ski trip (winter camping) around Needle Peak that will keep the AT kids occupied. This will be a beginner friendly ski trip, with some excellent alpine skiing and tree skiing involved, and a beautiful location for winter camping to boot.

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=16971&t=16971>

[http://www.ubc-voc.com/wiki/Jan\\_2011\\_Needle\\_Peak](http://www.ubc-voc.com/wiki/Jan_2011_Needle_Peak)

### 3) Avalanche Awareness Days at Seymour and Garibaldi, Jan 15-16 (Sat-Sun)

This weekend there will be Avalanche Awareness Days at both Mt. Seymour and Garibaldi Provincial Park. The event at Mt. Seymour will include an information booth, snow profile demos, transceiver races, shoveling and probing demos. The event at Red Heather Meadows will include beacon demonstrations, a multiple beacon park (to challenge participants on how quickly multiple beacons can be found), snow study profiles and an informative display in the shelter.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=51457&t=51457>  
<http://www.ubc-voc.com/phorum2/read.php?f=1&i=51617&t=51617>

#### 4) Ira Sutherland's slideshow, Jan 19 (Wed)

Ira Sutherland will be presenting a slideshow on Jan 19th. Subject TBA...

#### 5) Beginner Friendly Brew AND Sphinx Hut Trip, Jan 23-34 (Sat-Sun)

Due to the high demand for the trip to Brew Hut, we decided to split it into two separate trips! One group will be heading to Brew Hut and the other to Burton Hut (AKA Sphinx) for an action filled weekend in the mountains. Both huts offer some fabulous options for skiing in the alpine, right near the huts.

[http://www.ubc-voc.com/wiki/Beginner\\_Friendly\\_Brew\\_AND\\_Sphinx\\_Hut\\_Trip](http://www.ubc-voc.com/wiki/Beginner_Friendly_Brew_AND_Sphinx_Hut_Trip)  
<http://www.ubc-voc.com/phorum2/read.php?f=3&i=17013&t=17013>

#### 6) Tele Lessons with Phil, Jan 24 (Mon)

After Tele School, you may want another lesson or two for more feedback and tips/cues/drills. Phil Hammer (EOS) is a CANSI Level 2 telemark instructor and is offering free tele lessons to help out the VOC (and to get more teaching experience). If we have too many for one group, another ex-UBC CANSI Level 2 instructor is willing to participate. So far two sessions have been scheduled, on Jan 24 and 31, both Mondays. For now, lessons will be held either at Mt. Seymour (free for girls on Mon) or Cypress.

[http://www.ubc-voc.com/wiki/Tele\\_Lessons](http://www.ubc-voc.com/wiki/Tele_Lessons)

#### 7) Beginner Friendly Elfin, Jan 29-30 (Sat-Sun)

The theme is 'Intro to Backcountry Skiing/Snowboarding', back at the popular Diamond Head area, but this time we'll continue past Red Heather to stay overnight at the Elfin Lakes Shelter. This is an excellent beginner-friendly destination, and new-to-skiing folks are highly encouraged to come! One-way trip distance is 11km, and the cost is \$10 to stay in the shelter, and now \$10 to tent. It's one of the closest ski destinations to Vancouver, and there's a few nice peaks in the area where one can practice their headplants.

[http://www.ubc-voc.com/wiki/Elfin\\_Ski\\_Jan29-30](http://www.ubc-voc.com/wiki/Elfin_Ski_Jan29-30)  
<http://www.ubc-voc.com/phorum2/read.php?f=3&i=16978&t=16978>

#### 8) Todd's attempt on Garibaldi (advanced), Jan 29-30 (Sat-Sun)

If you've ever been to Squamish, you've probably seen the massive pyramid shaped mountain in the background as you arrive in town. That mountain is Garibaldi and basically any sort of mountaineer in BC has climbed it or wants to climb it (it's just too awesome not to climb it). Todd has tried to climb it four times now, all of which resulted in failure. Come join him on his fifth attempt! This is an advanced friendly trip.

[http://www.ubc-voc.com/wiki/Garibaldi\\_Again](http://www.ubc-voc.com/wiki/Garibaldi_Again)

#### 9) X-Country Skiing at Cypress, Jan 29 (Sat)

Kathrin is organizing a x-country day trip to Cypress on January 29th, perfect for

everyone who's busy but still wants to get out of town, into the mountains and into the snow. Also perfect for everyone who has never been on skis before and would like to start with gentle hills, up and down, and not to forget, get a nice workout! Info and sign-up is on the WIKI , available Thursday January 13th.

[http://www.ubc-voc.com/wiki/X-Country\\_Skiing\\_at\\_Cypress](http://www.ubc-voc.com/wiki/X-Country_Skiing_at_Cypress)

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=17107&t=17107>

#### 10) Tele Lessons with Phil, Jan 31 (Mon)

See 6) above.

### III. Miscellaneous

#### 1) Avalanche course signup

Don't want to get hit by an avalanche this winter? Well, the easiest thing would be to stay in the city... but if you want to keep going on out into the mountains then taking an avalanche course would be a good start. Soon there will be meters of snow covering our favorite playground, and these courses give you the basic knowledge you need to start becoming aware of the special hazards so much snow poses - that way you can actually make decisions. Information on specific dates/prices is posted on the wiki, so find a date which works for you and pay as soon as possible - payment is the only way to secure your spot, and these courses fill up quickly.

[http://www.ubc-voc.com/wiki/2010\\_2011\\_Avalanche\\_Courses](http://www.ubc-voc.com/wiki/2010_2011_Avalanche_Courses)

<http://www.ubc-voc.com/phorum2/read.php?f=3&i=15889&t=15889>

#### 2) Rewards and incentives for trip organizers

In an effort to reward our dedicated members who spend time teaching and leading our beginner members on some of the most fun trips to some of the most beautiful places in BC, we have developed a partnership with ProMotive.com to offer discounts on backcountry brands. These discounts are open to members who we call VOC Trip Organizers. You may be thinking to yourself, "I have led trips for the VOC! Am I a VOC Trip Organizer?" Or "how do I lead trips for the VOC to become a VOC Trip Organizer?" Well, in order to answer these questions, the exec has come up with a handy check list to determine if trips you have already led qualify you as a VOC Trip Organizer, or how help you lead your first trips to qualify you as a VOC Trip Organizer. See more info in the links below.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49623&t=49623>

[http://www.ubc-voc.com/wiki/Discounts\\_for\\_VOC\\_Trip\\_Organizers](http://www.ubc-voc.com/wiki/Discounts_for_VOC_Trip_Organizers)

#### 3) Looking for slideshow presenters

Every year we hold weekly slideshows at the clubroom (and sometimes in bigger rooms if it gets crowded). We're looking for people to talk about cool trips and adventures they've been involved in, basically show us your cool pictures and tell us about all the cool/hardcore stuff involved. After the slideshows we usually go for a beer at the Gallery upstairs.

Email Ignacio at [rozada@math.ubc.ca](mailto:rozada@math.ubc.ca) if you want to give a slideshow. The format is very flexible and we've had a few instructional seminars too (how to build a harness, how to pack super light). We might even show some of the movies in our library, especially since we now have a new fancy projector, and a freshly painted

wall (coming very soon).

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=49186&t=49186>

#### 4) VOC T-Shirts on sale!

The VOC t-shirts have arrived and are now on sale! The t-shirts are 100% cotton and were printed by American Apparel, so they are high quality. This is a great present for your friends and family, or a way of showing your pride in being a member of the coolest club at UBC. The price is \$17 for a shirt (exact change only) or \$20 for a shirt + Voile strap (see below). The t-shirts are on sale by exec members - lunch time is a good time to drop by.

<http://www.ubc-voc.com/phorum2/read.php?f=1&i=51097&t=51097>

#### 5) VOC Voile straps on sale!

Yes, Voile has made us a special, limited edition, of their popular "Voile Straps", with the VOC logo printed on them! These straps are invaluable in many situations. Just this weekend our beloved Public Relations guy, Ignacio, broke a binding while out backcountry skiing. The fix? Two long Voile straps to lash his boot to the ski, and he managed to ski out. They have been used in the past for to tie skis together, tie skis to roof racks, hold broken skis together, make a sled, and much more! They are one hell of a useful item. We have three sizes, and prices are lower than MEC! The VOC straps will be on sale during normal gear hours, get them while they last!

#### IV. Ms. Manners

Do you have a question for Ms. Manners? If so, email it to to your friendly neighbourhood VOCene editor and he'll forward it to Ms. Manners for review. Remember, there's no such thing as a stupid question, so ask away.

Ms. Manners was unavailable for comments this week. In fact, she hasn't shown up for work yet after the holidays. The last we heard from her was that she is in the north pole studying the effect of global warming on reindeer. She will be back for next week's VOCene.

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: [vocene@ubc-voc.com](mailto:vocene@ubc-voc.com). To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the "want VOCene" box

UBC Varsity Outdoor Club  
<http://www.ubc-voc.com>

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