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Content :

VOCene 8 ☺ June 20th, 2012

In this VOCene:

0. Free Journals for Student and Associate Club Members!! + The VOC now sells stuff!

I. Upcoming Events and Trips

- 1) Lead Ladder Summer 2012 ☺ Wed. June. 13th (ongoing)
- 2) Intro to Summer Skiing (a.k.a. Intro to suffering)☺ Sat-Sun, June 23-24th
- 3) Mt. Frosty, Manning Park ☺ Sat-Mon, June 30-2nd
- 4) Reaching the Black tusk Summit! ☺ Sat-Sun, July 7-8th
- 5) Veenstras' Traverse 2012 ☺ Sat-Sun, July 7-8th
- 6) Bike to Sooke ☺ Fri-Sun, July 13-15th

II. Trip Ideas and Partners Sought

III. This week in the VOC

- 1) Past trips and events

IV. Miscellaneous

- 1) Rewards and incentives for trip organizers
- 2) Call for Slideshow Presenters
- 3) 21 Mile Creek User Survey
- 4) Mammut Pulse 3.2 Firmware Update - Available Now from the VOC

V. Ms. Manners

0. Free Journals for Student and Associate Club Members!! + The VOC now sells stuff!

If you haven't already then please come and pick yours up from the clubroom! You don't want to forget to collect this years awesome little book of memories.

ALSO

The VOC now sells a variety of VOC branded swag, as well as Zebralight H51 headlamps + John Baldwin's and Matt Gunn's guidebooks and maps (Baldwin).

Check it out!

<http://www.ubc-voc.com/stuff-the-voc-sells>

I. Upcoming Events and Trips

1) Lead Ladder Summer 2012 📅 Wed. June. 13th (ongoing)

As per recent discussions on the message board, the inaugural VOC Lead Ladder, will kick-off on Wed 13 Jun with the first of 4 x 2 hour evening session. This will culminate with a weekend in Squamish on 14-15 Jul.

The Lead Ladder is not a formal qualification, merely an organised means of passing on skills. It is aimed at teaching people to lead (mainly) single pitch routes well within their comfort zone of at least 5.6 and up.

Whilst you will learn skills required to lead climb, it won't necessarily turn you into a 'climber', this is for you to evolve into afterwards.

More info in the link below!

<http://www.ubc-voc.com/tripagenda/details.php?tripid=295>

<http://www.ubc-voc.com/phorum5/read.php?3,85627>

2) Intro to Summer Skiing (a.k.a. Intro to suffering) 📅 Sat-Sun, June 23-24th

Come get June turns with Phil T. At the awesome Brian Waddington Hut. Be warned, you will suffer but it's beginner friendly so no one will leave you behind.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=309>

<http://www.ubc-voc.com/phorum5/read.php?3,86146>

3) Mt. Frosty, Manning Park 📅 Sat-Mon, June 30-2nd

Spend the weekend with Roland up at Mt. Frosty in Manning Park. The plan is to camp at 'Frosty Camp,' which is about halfway up. Looks like it will be a good time!

<http://www.ubc-voc.com/tripagenda/details.php?tripid=313>

<http://www.ubc-voc.com/phorum5/read.php?3,86223>

4) Reaching the Black tusk Summit! 📅 Sat-Sun, July 7-8th

Climb the Black Tusk with Helene before she leaves us for Denmark! It should be a pretty awesome trip!

<http://www.ubc-voc.com/tripagenda/details.php?tripid=294>

5) Veenstras' Traverse 2012 📅 Sat-Sun, July 7-8th

The next installment of the Veenstras' moderate friendly summer traverse is coming up! Location TBA

<http://www.ubc-voc.com/tripagenda/details.php?tripid=306>

6) Bike to Sooke 🚲 Fri-Sun, June 15-17th

Bike to Sooke with Noriko! Looks like a fun chill weekend filled with good food and beautiful island views

<http://www.ubc-voc.com/tripagenda/details.php?tripid=302>

II. Trip Ideas and Partners Sought

Tonight Meet at the Taylor Way parking lot at 7:30 PM to go ski Strachan this evening to celebrate the summer solstice. Check link for details.

<http://www.ubc-voc.com/phorum5/read.php?3,86138>

Potential Trip Daughter of Snow

Will need instructors + people interested in helping to organise this either as a day adventure this weekend or as a full weekend trip in July.

<http://www.ubc-voc.com/phorum5/read.php?1,85852>

Natalie M. is looking to do a day trip (hike) tomorrow.

<http://www.ubc-voc.com/phorum5/read.php?1,86144>

Squamish weekend/weekly car faff:

<http://www.ubc-voc.com/phorum5/read.php?3,86116>

Todd M. Wants to go climb in Squamish tomorrow and needs a partner

<http://www.ubc-voc.com/phorum5/read.php?3,86234>

III. This week in the VOC

1) Past trips and events

Ben. SP's and Christian V's Harrison Hut route flagging trip was very successful. Approx 1/3 of the trail has been flagged and is ready for bushing out.

Roland's Brew trip looked like good fun in a partial white out! Check out the photos here:

<http://www.ubc-voc.com/phorum5/read.php?3,85966>

IV. Miscellaneous

1) Rewards and incentives for trip organizers

Woohoo, prodeals for VOC Trip organizers! In return for leading trips, you now get not only immense satisfaction, but cheap gear too!!

http://www.ubc-voc.com/wiki/Discounts_for_VOC_Trip_Organizers

2) Call for Slideshow Presenters

Have you been on some crazy adventure lately, or do you have some advice to share? Consider attaining instant fame by giving a VOC slideshow next semester by contacting our new PR exec member Cora

Skaïen:http://www.ubc-voc.com/members/show_extended?target_id=3375

3) 21 Mile Creek User Survey

From Scott N: "The 21 Mile Creek drainage is a non-motorized zone and snowmobiling is prohibited. The Federation of Mountain Clubs of BC is conducting a user survey to measure the frequency of illegal snowmobile use in 21 Mile Creek. The results from the survey will guide compliance and enforcement actions by government conservation officers." Please take a brief moment to complete the survey, if you've been on a trip to 21 Mile Creek.

<http://www.ubc-voc.com/phorum5/read.php?1,80729,80729#msg-80729>

4) Mammut Pulse 3.2 Firmware Update - Available Now from the VOC

From the message board post: "The VOC can now offer firmware updates to Mammut Pulse beacons. This is handy because firmware version 3.2 was recently released. Why is the VOC offering this service? Because no one else in Vancouver does and because the same tool that lets us do this also lets us record the health of our new rental beacons. The cost for getting the upgrade through the club is \$10 for members and \$15 for non-members."

<http://www.ubc-voc.com/phorum5/read.php?1,82371>

V. Ms. Manners

Dear Ms. Manners,

how do you deal with morning wood if you're in a packed hut and you need to pee?

PP

Dear PP,

Great question! Seeing as how this year my gender fits my name, I sought out advice from others. It was a learning experience.

Usually morning wood is caused by having to pee. If you lose the hard on you lose most of your control to hold the pee back and then things get messy. Here are your options:

1. discretely 'take care' of the issue... for details on this see this past yrs VOCJ

2. Wait for it to go down and then run as fast as you can to get outside. This involves potentially stepping on heads, bodies etc. Remember those times when you wake up after having been dripped on from what you thought was a leaky ceiling or condensation? Yeah... right, it totally wasn't from your buddy with the small... bladder.

3. Conceal it - and make sure you don't lose it until you're in a safe place to pee.

The 2 most common ways are to tuck it into the underwear band or to walk like a raptor. What is walking like a raptor? A friend of mine explains it as so.

"stand up, walk bent at the waist, elbows at your side and hand somewhere around your belly or balls trying to hide it, maybe you pretend to look sick. It looks awkward and is an amateur or desperate move when you can indiscriminately stuff your hand in your pants to flip the dick."

Next time you're on a beginner friendly trip, keep your eyes peeled for the AM raptor walk.

Another friend offered up a creative option of using one of your pots or nalgene to cover it up, saying that you're just off to get some water.

Personally, If I could, I would own it! Hang a hut booty off of it and call it my third leg!

cheers,

Ms. Manners

CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the "want VOCene" box. Or, send an email to majordomo@interchange.ubc.ca with the following command in the body of the email message: "unsubscribe voc-members"

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<http://www.ubc-voc.com>

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Varsity Outdoor Club