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VOCene 12 ☺ July 18th, 2012

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0. Purchase a discounted climbing day pass to the Richmond Olympic Oval (R00) for \$9.20 from the clubroom or Phil T.

The VOC now sells a variety of VOC branded swag, as well as Zebralight H51 headlamps + John Baldwin's and Matt Gunn's guidebooks and maps (Baldwin).

Check it out!

<http://www.ubc-voc.com/stuff-the-voc-sells>

I. Upcoming Events and Trips

- 1) Evening ski ☺ Thursday, July 19th

Some folks are heading up to Cypress tomorrow to see if there is any snow in Christmas Gully. There could be tutus involved.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=320>

<http://www.ubc-voc.com/phorum5/read.php?3,86831>

2) Work Hike: Phelix hut ☪ Sat-Sun, July 21st-22nd

Beginner friendly work hike to Phelix to replace a pair of windows. Hauling the new ones up is good fun! I helped with it last year, definitely a rewarding work hike, and the Phelix Hut in the summer is beautiful.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=299>

<http://www.ubc-voc.com/phorum5/read.php?3,86751>

3) Intro to Bouldering ☪ Sat-Sun, July 21st-22nd

Bouldering with Moos (pronounced Mose) in Squamish!! Time to ditch all your ropes and quick draws at home and spend some quality time on the rock.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=307>

<http://www.ubc-voc.com/phorum5/read.php?3,86537>

4) Harrison Hut Flagging July Edition ☪ Sat-Sun, July 28th-29th

One of many trips to restore access to the Meager Creek Valley + the elusive Harrison Hut! Labour is needed to help move 2 large rocks that have rolled onto the logging road, and to continue flagging the proposed route.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=316>

<http://www.ubc-voc.com/phorum5/read.php?3,86316>

5) Work Hike: The Riddle of the Sphinx ☪ Sat. Aug. 4th - Mon. Aug. 6th

This will be a beginner friendly workhike to the Sphinx Hut on Garibaldi Lake. Aside from marveling at how beautiful the lake is (and possibly swimming in it), we'll perform a window replacement.

<http://www.ubc-voc.com/tripagenda/details.php?tripid=300>

II. Trip Ideas and Partners Sought

Colin P. is looking for people to climb Rainer with him via Liberty Ridge on the 21st. Leave Friday and return Tuesday at the latest

<http://www.ubc-voc.com/phorum5/read.php?3,86777>

Weekly Squamish faff: <http://www.ubc-voc.com/phorum5/read.php?3,86794>

Olek S. is looking for partners for various alpine adventures: <http://www.ubc-voc.com/phorum5/read.php?1,86917>

Isabel V. is planning to canoe up Pitt Lake this weekend, then biking to hotspots. If you're interested, or have advice for her, check here:

<http://www.ubc-voc.com/phorum5/read.php?1,86951>

III. This week in the VOC

1) Past trips and events

Colin P. and company went up Skypilot in a day last weekend, complete with summit nudity and beers: <http://www.ubc-voc.com/phorum5/read.php?3,86774>. A larger VOC group may have done the same on Sunday...

Some VOCers climbed the North face of Mt. Athabasca in June. Check out the TR here: <http://www.ubc-voc.com/phorum5/read.php?3,86925>

The first-ever Lead Ladder is ongoing

IV. Miscellaneous

1) Rewards and incentives for trip organizers

Woohoo, prodeals for VOC Trip organizers! In return for leading trips, you now get not only immense satisfaction, but cheap gear too!!
http://www.ubc-voc.com/wiki/Discounts_for_VOC_Trip_Organizers

2) Call for Slideshow Presenters

Have you been on some crazy adventure lately, or do you have some advice to share? Consider attaining instant fame by giving a VOC slideshow next semester by contacting our new PR exec member Cora Skaien:
http://www.ubc-voc.com/members/show_extended?target_id=3375

3) Mammut Pulse 3.2 Firmware Update - Available Now from the VOC

From the message board post: "The VOC can now offer firmware updates to Mammut Pulse beacons. This is handy because firmware version 3.2 was recently released. Why is the VOC offering this service? Because no one else in Vancouver does and because the same tool that lets us do this also lets us record the health of our new rental beacons. The cost for getting the upgrade through the club is \$10 for members and \$15 for non-members."
<http://www.ubc-voc.com/phorum5/read.php?1,82371>

V. Ms. Manners

Dear Ms. Manners,

My significant other and I like to spoon on trips, but they just got one of those fancy new thermarests that are like 10cm tall. The height differential between our mats is so huge now that it has become difficult to spoon. It's like hugging someone on stilts. Am I obligated to upgrade my mat too, or is it OK for us to stop spooning??

Yours Truly,
Vertically O'Challenged

Dear VO'C,

There's no need to entertain fanciful ideas like an end to spooning at this point in the game. There are several solutions. Yes, you could consider some form of sleeping mat equalization. Were your mats equal and everybody comfortable before your partner upgraded? If so, I would argue that the onus is on whomever

disrupted the balance to suggest a solution. However, everyone's mat needs are different, so I assure you your lover's intent was not malicious.

The real problem with your situation is not the difference in your sleeping mat heights, friend, but your insistence on traditional two-dimensional spooning arrangements. You really only have a problem if you insist upon spooning in a plane that is parallel to the ground. My advice to you, VO'C, is to explore the third dimension. Stop living in flatland. Iso-elevation spooning isn't even cool anymore. Have you actually tried the upward spoon? It's not so bad. I would however recommend the "gravity-assist" orientation, in which big spoon is on the higher mat. You can also try cuddling up together on the higher mat and using the lower one like a front porch, to dangle your feet onto. Then there's the under-appreciated "full-mount" spoon (think downward dog), which only requires one sleeping mat to begin with...

Happy spooning,

Ms. Manners

CONTRIBUTIONS to the VOCene are welcome. Please send all inquires or additions to: vocene@ubc-voc.com. To unsubscribe from the VOCene mailing list, sign in at <http://www.ubc-voc.com/member/update.php> and uncheck the "want VOCene" box. Or, send an email to majordomo@interchange.ubc.ca with the following command in the body of the email message: "unsubscribe voc-members"

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