

Document type : **vocene**
Date : **2015-08-04**
Description : **VOCene #11 2015**
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** Varsity Outdoor Club

** VOCene #11 , August 4, 2015

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** Special Features

* New, Improved VOCene!

There's been a few changes to the VOCene of late. For one thing, we've switched over to a dedicated VOCene email that's meant for sending out newsletters! Now with 100% more swanky type headings. Also, it turned out there have been more than a few names missing on the mailing list due to technical difficulties. This has now also been fixed, though for some new VOCers this might be their first VOCene. So, here is your weekly (or, all too often at the moment, bi-weekly :() refresher on whatever the VOC is up to at the moment. Features include a summary of all of the upcoming trips, highlights from the VOC's generally-riveting message board threads, and even some tips on mountain etiquette from Ms Manners.

If you're still not receiving the VOCene, please just reply to this email and let us know...

* Monthly BBQ

As mentioned in 'Upcoming Trips', we're going to have another club BBQ soon. Come for the frisbee, stay for inadvertently planning a trip this weekend with whoever else is there!

* Call for Cragkeepers

A couple of VOCers are helping Squamish Access Society with upkeep on climbing routes. They are looking for a small group of keen people interested in helping. For more information, please contact Jack Montpelier.

** The Usual Suspects

** Recent Trip Reports

- * Womyn's Ski Traverse: Brandywine to Callaghan! (<http://www.ubc-voc.com/2015/07/14/a-womyns-ski-traverse-brandywine-to-callaghan>)
- * Kevin Pierce recounts a fateful trip up Coliseum Mountain. (<http://www.ubc-voc.com/2015/07/16/coliseum-mountain-watermelon-picnic>)
- * Caitlin, Anne, and Veronika went up the Twin Sisters. (<http://www.ubc-voc.com/2015/07/16/the-twin-sisters-june-27-28-2015>)
- * Olek and Ted Angus toured around the Bugaboos (<http://www.ubc-voc.com/2015/07/16/bugaboos>) .
- * The Brew Hut was successfully maintained (<http://www.ubc-voc.com/2015/07/21/swimming-and-galavanting-a-brew-hut-featuring-some-work-too>) by a crew of VOCers.
- * Ian Johnston and several others returned to the Coquihalla for some unfinished business. (<http://www.ubc-voc.com/2015/07/22/unfinished-ungulates>)
- * Matteo successfully organized a 3-person trip into the Joffre Range, submitting both Joffre and Matier (<http://www.ubc-voc.com/2015/07/23/double-whammy-in-the-joffre-range>) successfully.
- * Several VOCers spent a weekend around Garibaldi Lake, submitting the Tusk (<http://www.ubc-voc.com/2015/07/23/garibaldi-weekend>) to boot.
- * Lead Ladder (<http://www.ubc-voc.com/2015/07/27/lead-ladder-2015>) sounds like it went down quite successfully.
- * Sam McKoy led a team of VOCers into some incredibly photogenic terrain (<http://www.ubc-voc.com/2015/07/27/alpine-skills-course>) in the Joffre Range.

** Upcoming Trips

THIS WEEK

VOC Summer BBQ 4 · Wednesday, August 5th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=955>)

Description:

Now that the weather is warm and sunny, it is time to have monthly barbeques on the beach! Bring your favourite food and drink and we'll bring the barbeque. Come to learn more about the club, meet some other members, or run into old friends. Everyone is welcome. Slacklines and frisbees are encouraged!

We'll be set up at Spanish Banks/Locarno Beach near the base of Tolmie St
([https://maps.google.ca/maps?](https://maps.google.ca/maps?saddr=Tolmie+St&hl=en&ll=49.274675,-123.210533&spn=0.002695,0.004823&sl=54.112352,-126.555646&sspn=19.922716,39.506836&geocode=FXTg7wIdJvCn-A&ca&mra=ls&t=m&z=18)
[saddr=Tolmie+St&hl=en&ll=49.274675,-123.210533&spn=0.002695,0.004823&sl=54.112352,-126.555646&sspn=19.922716,39.506836&geocode=FXTg7wIdJvCn-A&ca&mra=ls&t=m&z=18](https://maps.google.ca/maps?saddr=Tolmie+St&hl=en&ll=49.274675,-123.210533&spn=0.002695,0.004823&sl=54.112352,-126.555646&sspn=19.922716,39.506836&geocode=FXTg7wIdJvCn-A&ca&mra=ls&t=m&z=18))
. Look for a large group in the field with lots of bikes around.

** THIS WEEKEND

** Phelix + Door = Awesome (beginner friendly) Workhike · Fri. Aug. 7th - Sun. Aug. 9th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=995>)
Description:

Phelix needs a new door!

That means not only do we get to hike up to the amazingly beautiful Phelix Hut in the Tolkien Range, we also get to carry a steel door all the way up to the hut! Roland (and probably some others) will head up Friday night. We'll work out when everyone is leaving at the pretrip.

The door has been ordered (thanks Roland) and should arrive before the trip. Hopefully it arrives early enough so we can fiddle with building a door frame that fits into the hut. If not, we'll worry about carrying the door up and fitting it in when we are up there.

** Capilano Mountain (Beginner Friendly) · Saturday, August 8th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1001>)
Description:

Nice day hike accessed from Furry Creek. This trail is almost entirely a hiking peak, which is very nice. The Trailhead is located about 1.5 hours in from Beth Creek, so we will be walking this because it is a 'permanently deactivated' road, plus my little Honda cannot make it any further. Nice little features along the trail.

** Accelerated Intro to Rock Climbing · Sat. Aug. 8th - Sun. Aug. 9th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1011>)
Description:

Want to get into rock climbing but didnt make it to Rock party or Son of Rock? This trip is designed for people that have never climbed outside and want to get into the sport

Day 1: Rock 1 : intro to belaying and climbing on rock

day 2: Rock 2 : Intro to Anchor Building and Rappelling

I am not an official instructor so please take my tutilage with incredulity. By the end of this weekend you will be prepped and ready to practice your skills with

other experienced climbers (I highly discourage climbing with inexperienced members when you are new to the sport). Everyone has a first time on the rock and this trip is as good an experience as any. While the primary focus of the weekend will be to teach the safest and best practices, I will make it as fun as possible.

I am also looking for co-instructors, please email me if you are interested.

**** NEXT WEEKEND**

Hornby Island Cycling Tour (Tentative) · Fri. Aug. 14th - Mon. Aug. 17th
(<http://www.ubc-voc.com/tripagenda/details.php?tripid=1009>)

Description:

Let's ride bikes to Hornby island? This is a tentative trip which depends on interest and availability. The ride is between 150 and 200km each way, so I'm thinking we could devote part of two days to riding and two full days plus whatever is left to hanging out and exploring.

The route will be to ride first (bus or bike) to Horseshoe Bay, take the ferry to Nanaimo, ride north up the coast to Buckley Bay, take the ferry to Denman Island, ride across Denman Island, and then take the ferry to Hornby Island. I'm not sure, because I've never done it, but this could take 5 or 10 hours. I'd prefer to get an early start. We can camp *somewhere*.

Highlights will include Helliwell provincial park (second picture), with its very unique coastal ecosystem, and Tribune Bay (first picture), which must be among anyone's selection of the top three most beautiful beaches in BC. When I was there in early June, the water was warm enough to swim all day. In August, it should feel like Cabo.

**** Beginner-friendly overnight to Mt Rohr · Sat. Aug. 15th - Sun. Aug. 16th**
(<http://www.ubc-voc.com/tripagenda/details.php?tripid=998>)

Description:

This will be an awesome weekend trip up to Rohr lake with a scramble to the peak of Mt Rohr. This hike gets great reviews and sounds like an easy scramble for people looking to get more comfortable with overnight trips, or just to enjoy a relaxing weekend in the mountains.

It's rated a moderate day-hike from Whistler or Pemberton, but coming all the way from Vancouver (~3 hour drive) I'd like to hike in and camp at the lake on Saturday night.

People coming on this trip should be comfortable with carrying their own camping gear, food and water, and knowledge of how to use topographic maps and compasses would be a bonus.

Squamish Rampage Bouldering Comp · Saturday, August 15th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1004>)

Description:

Squamish Rampage is an annual outdoor bouldering competition, where the local and international climbing community gather, climb and fund-raise, amongst the beautiful Apron and Grand Wall Boulders. This year, all proceeds will go to Squamish Access Society (<http://squamishaccess.ca/>) and Climb and Conquer Society Canada (<http://www.climbnconquer.ca/>) , 2 amazing not-for-profit powered by

climbers to benefit the world! The competition is partnered with Squamish Uprising 2015 bringing a full day of fun events.

**** Message Board Highlights**

Want to go somewhere? Co-lead a trip! [Trip Leader Mentorship] (<http://www.ubc-voc.com/phorum5/read.php?1,113227>)

Is there something that you've been dying to do this summer or you really want to try? Organizing/leading a trip is a great way to get some people (and rides) together to do the trip. If you don't feel comfortable leading a trip then this is the chance for you to be paired-up with someone experienced to co-lead your trip.

RockShox Air Valve Adapter (<http://www.ubc-voc.com/phorum5/read.php?1,113465>)
Anyone have one I could borrow?

[www.amazon.ca (<http://www.amazon.ca/RockShox-Air-Valve-Bicycle-Adapter/dp/B00652V9HK>)]

Also, a schrader valve removal tool is required.

VOC on Twitter @ubc_voc (<http://www.ubc-voc.com/phorum5/read.php?1,113423>)
The VOC now has a twitter account!

In related news, the VOC has also found an appropriate profile pic for its new Twitter account.

Glacier School 2 (<http://www.ubc-voc.com/phorum5/read.php?3,113419>)
Come help out with the faff for GS2, where VOCers that have previously taken GS1 complete an objective that requires glacier travel.

BC Road Trip August 11-19: Partners sought! (<http://www.ubc-voc.com/phorum5/read.php?1,113227>)

An outdoor enthusiast coming to Vancouver is trying to find some people to tour around a sizable chunk of BC with them.

Tubbytubtub (<http://www.ubc-voc.com/phorum5/read.php?1,113485>)

Excerpt from the news article: "As avid sailors and outdoor enthusiasts, we wanted it to be fully sea worthy so that we could take it on adventures," he said. "When it cools off enough to survive the 10-12 hours in the hot tub, we plan to make a voyage across the Georgia Strait... because we can."

**** Ms Manners**

Hi Ms Manners,

I've basically been climbing slab for 3 months straight, and my favorite climbing shoes are now shredded. Is there any way I could get them resoled?

Thanks,
One Climb Too Many

Hey One Climb,

Gold Star is generally the place you can get your climbing shoes resoled, but the price can be kinda steep (~\$50 or so, I think). Your word choice worries me a bit;

if they're literally 'shredded', it's a bit more expensive than if they're just 'worn'. Hopefully you haven't torn up the sole enough that your toes are now poking out.

Fortunately for you, Clemens Langemeyer has recently been appointed the VOC's new Shoe Ambassador, Master of Shoe Resoling for the Varsity Outdoor Club, by presidential decree! The more shoes we want to resole, (presumably) the easier it'll be for Clemens to haggle Gold Star's price down. Based on the message board post (<http://www.ubc-voc.com/phorum5/read.php?1,113517>) , we're at 10 (percent and/or pairs of shoes) at the moment. Email Clemens! Get him more shoes! Climbing shoes, approach shoes, even mountaineering boots! Ideally by, say, Thursday.

Hope your shoes get well soon,
Ms Manners

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club