

Document type : **vocene**
Date : **2015-11-04**
Description : **VOCene #22 2015**
Content :

Varsity Outdoor Club
VOCene #22 , November 4 2015

** In This Issue:

** Special Features

* High-def cameras for everyone!
* Meru showing
* VIMFF!

** Recent Trip Reports

** Upcoming Trips

** Message Board Highlights

** Ms. Manners

** Special Features

* High-def cameras for everyone!

The VOC has recently been offered an employee's discount on high-definition camera orders from Lens & Shutter. The more orders the better, we need at least 5-10. Talk to Carly Peterson about it if you're interested.

* Meru showing

The VOC is proud to present a showing of Meru, a climbing and mountaineering film which even non-climbing friends of mine seem in awe of. Get your tickets in advance before we run out!

* VIMFF!

Chances are this is already on your radar, but the Vancouver International Mountain Film Festival is happening November 12-14. Highlights include local alpine skiers/authors Linda Bily and John Baldwin; climber Will Stanhope; film screening of Jumbo Wild; and a Nepal Fundraiser night.

** The Usual Suspects

** Recent Trip Reports

* Tom Curran led 8 VOCers up Mt. Frosty (<http://www.ubc-voc.com/2015/10/30/mt-frosty-hike-the-golden-carpets>) .

* Madison Dennis and several others made their way up to Wedgemount Lake and onto the foot of the glacier. (<http://www.ubc-voc.com/2015/10/27/wedgemount-lake-backpackingscramblingglacier-exploring>)

** Upcoming Trips

THIS WEEK

Slideshow: Bolivia, by Artem Bylinskii · Wednesday, November 4th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1081>)

Description:

Artem will share with us details of his adventures in Bolivia.

Beverages are encouraged.

THIS WEEKEND

The Annual Brew Debacle (Beginner Friendly) · Sat. Nov. 7th - Sun. Nov. 8th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1059>)

Description:

Ski season is just around the corner! And nothing gets me excited for snow like hiking in ski boots with skis on my back up to the VOC's very own, very cozy, Brew hut. Last year we had beautiful, sunny weather and just enough snow to make the people who left their skis behind regret having left their skis behind. Other years have featured getting turned around on the sea-to-sky, calling off the trip half way up the trail because of pouring rain, and 17 hour epics with exhausted, dehydrated bodies reaching the hut in the wee hours of the morning, to name a few.

So I make no promises as to what will be accomplished. This is a beginner-friendly trip; you need not ever have seen snow before in your life, although you must make every effort to come prepared. We will have a detailed discussion about what "prepared" means during the pre-trip meeting. There will be some experienced people along to lend a hand when needed, they are not guides by any means but I have recruited them for their super-human patience.

Pretrip is in like two hours (ie, at 5:30 pm) in Angus 334.

Red Rocks Remembrance Romp! · Sat. Nov. 7th - Sat. Nov. 14th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1060>)

Description:

Red Rocks! Typically the VOC tradition is to head down to Smith Rock over the Remembrance Day holiday to escape the rain and cold in Squamish. However, I have the whole week off so I am planning on climbing further afield in fabulous Las Vega... er I mean Red Rocks, Nevada!

This will be an entirely self-sufficient trip, meaning you must organize your own transportation, partner, gear etc. However, myself and a couple other VOCers will be down there so the more the merrier!

Day Hike to the Lions · Saturday, November 7th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1093>)

Description:

Hi guys! I would like to plan a day hike for those who are unable to perhaps go up to the Brew Hut overnight. I can't make it to the pre-trip meeting but I want to get outside this weekend and therefore would be willing to do a day hike. Depending on the weather, safety and snow level I would like to do the Lions! I haven't done it before and would love to try. I am planning to go up from the Howe Sound side. Let me know if you are interested or if the weather may make the hike unsafe. We may not make it up to the top but we may as well try!

Icebreaker Sample Sale · Sat. Nov. 7th - Sun. Nov. 8th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1084>)

Description:

Icebreaker Merino, one of our Meru fundraiser sponsors, is having a sample sale (up to 70% savings) at the Empire Landmark Hotel. You can also get 10% off on Sunday when you buy \$100 on Saturday!

Sign up as interested so that we can let Icebreaker know roughly how many people will be coming.

Location:

Coal Harbour Room
Empire Landmark Hotel
1400 Robson Street, Vancouver

Time:

Saturday Nov. 7th & Sunday Nov. 8th

From 10AM to 5PM

Debit, Visa, or Mastercard only (NO CASH)

****Ski Mountaineering Skills Course @ Wreck Beach - Beg. Friendly!**** · Sunday, November 8th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1092>)

Description:

*** NOTE: Since Zack and I are busy this week, there will be no session this Thursday. To make up for it, this Sunday I'll be offering a session. If you haven't been to any sessions in the past, this one is great to start with as we'll have more time to cover everything!***

Hey all G1 graduates, prospective G2ers, AST 1 prospectives, or ski mountaineers/ski mountaineers in-training! We've heard from y'all that you're super stoked to learn how to travel on glaciers this year! That's awesome; but unfortunately, due to a low snow year this past year, the glaciers are pretty sketchy right now. But have no fear; your solution is here! I know we're all mountain people, but why not learn these skills such as self arrest, crevasse rescue, and companion rescue on Wreck Beach?! Clinics will discuss crevasse rescue steps, self arrest, roping up for glaciers, and any advanced crevasse rescue skills you wish to learn. ****UPDATE:** Clinic will now discuss skills for winter travel in the backcountry, such as avalanche companion rescue in addition to glacier-travel skills.***This event will be hosted bi-weekly on Thursday or Monday evenings, so if you don't make it out now surely sign up again for the next event! Get stoked to get safe out there!!

NEXT WEEK

Slideshow: Nepal, through earthquake and avalanches- Amin Aziznia · Tuesday, November 10th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1086>)

Description:

Amin had an interesting experience in Nepal in April-May 2015 trekking in Khumbu region of Nepal around Everest base camp and 5,000m peaks around it. He experienced the devastating Nepal Earthquake, just missed the avalanche and got stuck in the mountains for a week before he could get a flight back to Kathmandu. He will share his story with us and is going to show tons of beautiful pictures from one of most fascinating places on Earth. Amin can't wait to go back to Himalayas again next year, this time probably Annapurna region...

NEXT WEEKEND

****Uber-Beginner-Friendly Intro to Hut Touring @ Elfin Lakes Hut**** · Sat. Nov. 14th - Sun. Nov. 15th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1087>)

Description:

It's about that time of year where sunny days are getting shorter, and it's beginning to rain more in the city....but why care about the city; after all, we're a mountain club of course! And as some of you know already, the old adage "if it's raining in the city, it's snowing in the mountains" applies perfectly for our location in Vancouver, so might as well take advantage of it! Join me, as well as 2-3 other hand-picked experienced VOC members, to show you how to slay the POW (deep snow) that is found in Canada's Coast Mtns by journeying to Elfin Lakes hut for a weekend!

****In addition, we advertise this trip as UBER-beginner friendly to recognize that even with very little ski experience, we are keeping instructor/leader:participant ratios small in order to provide instruction/guidance when needed (Note: our instructors will NOT be certified guides however). However, this trip DOES require hiking in on a forest service road with a 5-10 degree grade for 12-15km, and you will be expected to be able to ski down this road once we hike in. If you have never seen snow or skied before, we would NOT recommend this trip for you due to the extended nature of it. In the future, day trips to closer backcountry locations will be offered for people with no experience.****

Trip Information:

-Who: Participants with beginner-level prior skiing/snowboarding experience, preferably having experience with day-trips in the backcountry wishing to experience an overnight ski touring trip with guidance and instruction.

-What: 2-day overnight ski touring hut trip.

-Where: Elfin Lakes Hut via Elfin Lakes Trail and Red Heather. Route follows a 12-15km long logging road. Steepest grade: 15-20 degrees.

-When: Depart Vancouver 6:30am Sat. morning; arrive back in Vancouver Sun. night.

-Why: Now this should be obvious....

-How: You'll find out! Get stoked!!

Explore Lizzie Creek Trail · Sat. Nov. 14th - Sun. Nov. 15th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1076>)

Description:

I am interested in going to explore the Lizzie Creek area (Stein Valley). There is a log cabin and trail in the Stein Valley that has been abandoned for a few years and needs some repairs. The purpose of this trip will be to see the area and possibly begin to fix up the road/trail to the cabin. It will probably be a

bushwack and we likely won't even reach the cabin but ... you would be welcome to come along if you are interested in learning about trail work and bushwacking.
http://www.trailpeak.com/trail-Lizzie-Lake-Cabin-near-Pemberton-BC-3457
(https://webmail.alumni.ubc.ca/owa/redir.aspx?
SURL=C10t2LqBv1atuGfJ8JkN7USip09Pdj8A0S0qxrFZxP5y40zwGtXSCGgAdAB0AHAA0gAvAC8AdwB3A
HcALgB0AHIAYQBpAGwAcABlAGEAawAuAGMABwBtAC8AdABYAGEAaQBsAC0ATABpAHoAegBpAGUALQBMAGE
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wA.&URL=http%3a%2f%2fwww.trailpeak.com%2ftrail-Lizzie-Lake-Cabin-near-Pemberton-
BC-3457)

**** Message Board Highlights**

**** Ms Manners**

Ms Manners is the VOC's resident expert on mountaineering and outdoors etiquette, and answers questions from VOCers once a week in her advice column, here. Do you have a question for Ms Manners? Email the VOCene editor and it will be forwarded on to Ms Manners, with a reply posted the following week.

Hey Ms Manners,

It just will not stop raining. What am I supposed to do outside now that the shoulder season is upon us?

Thanks,
Cold Shoulder

Hey Cold,

Don't panic. The climbing season might be over, but it had to end sometime for us to be able to go skiing this winter - and at least the snowfall looks better right now than it did last year (not that that's saying much). It's even a good time for beginner-friendly hiking epics to the VOC's huts. Memorize the routes up now, before there's 4+ feet of snow on the ground.

Cheers,
Ms Manners

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club