

Document type : **vocene**
Date : **2016-01-12**
Description : **VOCene #29 2016**
Content :

Varsity Outdoor Club
VOCene #29, Jan 12 2015

** In This Issue:

** Special Features

- * Neil Mackenzie Adventure Grant
- * Journal Submissions
- * Tele-School: Call for Instructors

** Recent Trip Reports

** Upcoming Trips

** Message Board Highlights

** Ms. Manners

** Special Features

- * Neil Mackenzie Adventure Grant

Neil Mackenzie was one of the VOC's most talented members, and one of its most enthusiastic and capable teachers, until his tragic death in January 2015 on Mount Joffre with Stephanie Grothe and Elena Cernicka. To preserve and honor Neil Mackenzie's memory, Neil Mackenzie's parents and the VOC are working together to provide a grant for any VOCer planning really cool outdoors shenanigans somewhere in the world. The preference is for climbing in Scotland, but any self-propelled outdoors adventure which you couldn't do without this grant is fair game. If you have a big idea for a trip somewhere in the world, but particularly in Scotland, you might want to apply for this grant. Full details are here: http://www.ubc-voc.com/mediawiki/images/2/27/Neil_Mackenzie_Adventure_Grant_2016.pdf (<https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=j7Ktj1b5gqdSJ0DqBa9KQF5BbE800-gCZW1N4Elk1DHoTry8jvhvTCGgAdAB0AHAA0gAvAC8AdQBtAC8AdABYAGEAYwBrAC8AYwBsAGkAYwBrAD8AdQA9ADcAYgA2ADgANQAzADIA0AA1ADMAMgBiADEANwAwADMAYQA0ADYAMwA1ADcAOQAzADIAJgBpAGQAPQAzADgANAA1>)

ADcAngBjADkA0AA3ACYAZQA9ADEAMwBiAGEANABiADQAMQBkAGMA&URL=http%3a%2f%2fubc-voc.us11.list-manage2.com%2ftrack%2fclick%3fu%3d7b685328532b1703a46357932%26id%3d384576c987%26e%3d13ba4b41dc) . Deadline for submissions is January 29, 2016.
We look forward to reading the applications!

* Journal Submissions

We are now accepting submissions for the yearly VOC Journal. The deadline is (tentatively) Feb 1, so if you've had any crazy VOC-related adventures, now's the time to immortalize them in text.

* Call for Tele-School Instructors

Calling all experienced telemark lovers!
The VOC needs YOU!

I'm organising 2016's telemark ski school on 23rd January at Mt. Seymour and of course we need instructors! If you can help out please sign up as an instructor on the Wiki: [www.ubc-voc.com (https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=qA_nxoRz0ekubRs8sTSbK2EmqTUAygcRdYn7MsyXbrtiaZuWkBvTCGgAdAB0AHAA0gAvAC8AdwB3AHcALgB1AGIAYwAtAHYAbwBjAC4AYwBvAG0ALwB3AGkAawBpAC8AVAB1AGwAZQBfAFMAYwBoAG8AbwBsAF8AMgAwADEANGA.&URL=http%3a%2f%2fwww.ubc-voc.com%2fwiki%2fTele_School_2016)]
As an instructor, your pass will be paid for by your mentees and you'll have the gratitude and love of the VOC. As you can see on the Wiki there are different levels of ability.

Trip page: [www.ubc-voc.com (https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=KIDLdWXS3aocwKgOLTKRQyGX-oFpGqdlhwz7z-JYVS5iaZuWkBvTCGgAdAB0AHAA0gAvAC8AdwB3AHcALgB1AGIAYwAtAHYAbwBjAC4AYwBvAG0ALwB0AHIAaQBwAGEAZwB1AG4AZABhAC8AZAB1AHQAYQBpAGwAcwAuAHAAaABwAD8AdABYAGkAcABpAGQAPQAxADEAMQA0AA..&URL=http%3a%2f%2fwww.ubc-voc.com%2ftripagenda%2fdetails.php%3ftripid%3d1114)]

Many thanks!
Jake'

** The Usual Suspects

** Recent Trip Reports

* The TR for the yearly ice climbing epic in the Rockies is now out
(http://www.ubc-voc.com/2016/01/12/ice-climbing-in-the-rockies-with-mountains-frost-bite-and-albertan-culture) .

* Lara, Clemens, Noel and Kasper (http://www.ubc-voc.com/2016/01/12/bugs-mid-aug-2015) made a pilgrimage into the Bugaboos (August 2015)

** Upcoming Trips

ONGOING

Ice Climbing trip, date to be fixed · Mon. Jan. 4th - Wed. Jan. 20th
(http://www.ubc-voc.com/tripagenda/details.php?tripid=1122)

Description:

Hi all,

I'm looking for some to go ice climb with any day any time until the 21th of january. I'm leaving Canada at this date and i'm pretty pissed off not having touch the ice so far and I really deeply wanna do that before leaving.

I also can lead in WI4 or WI4+, and i'm confident with leading a rope over 4-5-6 pitches. I also might have a car for going either in the rockies either to Pemberton but as i don't really know the area, if someone knows more, i follow!

Concerning the date, i put a random date because as i finished my internship i can be available any time any days until the 21th of Jan.

My only concern is the gear I couldn't bring from France. I dont have any ice screw and ice axes but i'm ok for the rest with the help of the VOC gear.

If anyone is interested Let me know!

Morning Trail Running in PSP! (beginner friendly) · Fri. Jan. 8th - Sun. Jan. 31st (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1125>)

Description:

This is not your usual VOC trip but an ongoing "adventure" into the deep dark forest of the Pacific Spirit Park. (will renew the trip every month)

When: every Monday, Wednesday, Friday, Sundays starting Friday (Jan. 8).

Meeting point: University Blvd. + Acadia Rd. (locations will be flexible on weekends)

Time: 7:30 a.m. (Sundays @ 8)

You can drop-in when you like. We jump into puddles. Work up a good sweat. Get lost sometimes. Would love you to join!!

THIS WEEK

VOC100 - Centennial Commitee · Tuesday, January 12th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1116>)

We need people to

- * Recruit VOC members to the Centennial Organizing Committee
- * Contact VOC alumni to invite them to the events and ask for them to contribute their personal pictures and stories to the Centennial Coffee Table Book
- * Organize the Centennial Banquet at a venue in Vancouver
- * Contact organizations having VOC alumni as members to advertise our three Centennial Initiatives
- * Parse and compile alumni submissions for the the Centennial Coffee Table Book
- * Edit and Publish the Centennial Coffee Table Book
- * Study the history behind the formation of VOC, and write a historical introduction for the Centennial Coffee Table Book
- * Organize The Centennial Trip on the weekend of the Centennial Banquet
- * More!

This is a lot to handle. Please contribute what you can!

If you are willing to make a contribution to our efforts, please email me at with the tasks you'd like to take on. Every bit helps. This is a great way to be deeply involved with the club, and your contributions will earn the gratitude of many people from the VOC's past and present.

Workhike - Skins and other skis stuff repair night - (No experience required) · Wednesday, January 13th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1113>)

Description:

The basic idea is we check all the skins for all the skis, if they suck we fix em.

We will start with the tall rack. Time and more details TBA. Maybe people can bring useful repair equipment? Celebrate at Koerner pub after :)

I think our ideal group size is ten, but we can be quite flexible. This will be a great opportunity to learn new ski repair skills.

The start time is quite flexible, just let me know what time you are coming. I don't imagine us staying past 10pm. Feel free to text me at the time to see if we still need help.

Some thoughts:

Mainly, I think we will do a lot of re-gluing. Does anyone have experience with this? Does it work well? What are the tips and tricks? Is it amenable to an assembly line? I imagine at least a quarter of the skis need to be reglued (about 20 skis). From what I understand you have to remove the old glue, then apply new glue and somewhere in the process it smells really bad. Irons are apparently also involved. I think

Lots of the skins also have other issues. (too short, too long, bad glue, bad connecty-tail-thing)

After we are done, we can all go celebrate at Koerner's pub!

Avalanche Companion Rescue Course @ Wreck Beach · Thursday, January 14th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1128>)

Description:

Hey all AST 1 prospectives, new backcountry skiers, or prospective members of winter VOC trips! We've heard from y'all that you're super stoked to learn how to travel with minimal risk in the mountains this winter! That's awesome; but unfortunately we live in Vancouver and a proper mountain with snow is nearly a 30-minute drive from campus. But have no fear; your solution is here! I know we're all mountain people, but why not learn the skill of companion rescue on Wreck Beach?! This is one of the 5 major learning goals for AST 1 courses, and dramatically reduces your influence as a liability on winter backcountry trips.

Winter Social · Thursday, January 14th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1128>)

Description:

Ho ho ho, welcome back from your holiday adventures. Come round for a chance to share your stories and mishaps over some food and a beer.

Santa needs you! To make this event happen. Food will be served in a potluck fashion in the VOC club room around 7pm. So bring your tasty dish and we will see who is most worthy. Beer will be drunk at the Pitt pub which happens to be right beside the clubroom. Unfortunately the Pitt is 19+, but you can still hang out in the clubroom by the food if you can't drink.

Don't forget to bring eating utensils and surfaces. And use the sign up tool to say what you will bring so people can plan their dishes accordingly.

Hauling fire extinguishers to Brian Waddington (Phelix) Hut · Fri. Jan. 15th - Sun. Jan. 17th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1129>)

Description:

Yes, Phelix Hut needs new fire extinguishers and we better bring them up soon, before people get a little too overexcited when grilling their veggies in the hut.. We want to preserve this view

Far from the City, Close to the Heavens
as long as possible ;)

I'd like to go to Phelix with a few people, who already have skied a little before. Ideally we leave Vancouver Friday night, car-camp at the trailhead, go up to the hut Saturday morning where we stay the night and return on Sunday. The

terrain is not very beginner friendly and a bit challenging - especially with the huge extinguishers on the back...

This will be my first trip to a hut and I am reeeeeaaaally looking forward to it!

NEXT WEEK

Slideshow: Learning to Mountaineer in the French and Austrian Alps, Jake Jones · Wednesday, January 20th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1111>)

Description:

Interested in exciting travel and alpine adventure? Love natural beauty? Keen to explore above and beyond the crag and conquer the high mountains? You need to mountaineer!

Last summer I (Jake Jones) learnt the skills needed to survive in the alpine environment in the French and Austrian Alps. In this presentation I'll share my adventures (the awesome, the exciting and the stupid), give tips on getting into mountaineering, offer advice for finding funding and subsidized courses, and spread the stoke for alpinism!

See you there!

Location: ESB (Earth and Ocean Sciences) 2012

Time: 7:00 PM

Covert beverage drinking encouraged.

NEXT WEEKEND

Attempting a SKIMO Race in Golden, BC · Fri. Jan. 22nd - Sun. Jan. 24th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1130>)

Description:

The VOC goes to a SKIMO race! Do you feel the urge to competitively ski up and down a mountain range for several hours? Well join us and many other silly people for a ski mountaineering race in beautiful Golden BC. Here is the link to the registration site <http://www.skintrack.com/dogtooth-dash-skimo-race/>. I am not entirely sure of the logistics, but we will be heading down Friday, racing on Saturday, and skiing (with some very tired legs) at kicking horse resort on Sunday. You don't need to be an expert skier, or necessarily in great shape, or really be racing competitively to go on this trip, but you do need to be confident in your backcountry skiing ability and be okay with competing in the race as an individual. This is my first SKIMO race, so I don't know what it will be like except that it will be tons of fun!

There is a rather steep registration fee, but this also includes a pass to ski at kicking horse on Sunday. There are 2 race categories and the participants range from serious to recreational. Check out all the rules and logistics on the link above. Here is a link to a video of the race https://www.youtube.com/watch?v=YD_tiXoCHA. Come on out. It will be a hoot!

Telemark Ski School 2016 · Saturday, January 23rd (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1114>)

Description:

Wish that you had a chance to learn how to tele ski in a controlled environment, with a teacher and without a giant pack on your back? Do you know the basics but want to hone those mad skills with the help of someone who can *actually* ski? Do you want a chance to show off your beautiful style while imparting knowledge to others?

If you answered yes to any of the above questions than the VOC Tele-School is the trip for you! This will be a one day instructional even held at the Seymour Mountain resort on the North Shore. Groups will be organized with a teacher based on skill levels. These groups will include, 1) 'I have never skied before', 2) 'I can downhill ski, but dont understand how to bend my knees', 3) 'I know the basics but would like to be better', and 4) 'I am an awesome skier and shouldn't be at school'.

You will need to pay for a lift ticket, and each group will be responsible for paying for their teachers ticket (they are volunteering their time after all). The tickets will be about \$45, and instructors will be free! and must be paid in advance starting sometime before the event (at least by the pre trip meeting).

More details as the day gets closer.

We will also hopefully be offering discount tickets for people who just want to do some cheaper skiing on Seymour that day.

INSTRUCTORS NEEDED!!! If happy to instruct please sign up on the wiki:
http://www.ubc-voc.com/wiki/Tele_School_2016.
Here's the instructor messageboard: <http://www.ubc-voc.com/phorum5/read.php?3,115628>

** Message Board Highlights

-The VOC needs YOU....r old guitars (<http://www.ubc-voc.com/phorum5/read.php?1,115761>) .
-We need another gear helper for Monday hours (<http://www.ubc-voc.com/phorum5/read.php?1,116058>) .
-A friend of a VOCer needs a room for a few months, starting February (<http://www.ubc-voc.com/phorum5/read.php?1,116049>) .
-It turns out that, depending on how cold it is and whether it's in cell phone range, Modo cars can lock you out. Causes, tips, and tricks recounted here. (<http://www.ubc-voc.com/phorum5/read.php?1,116000>)

** Ms Manners

Ms Manners is the VOC's resident expert on mountaineering and outdoors etiquette, and answers questions from VOCers once a week in her advice column, here. Do you have a question for Ms Manners? Email the VOCene editor and it will be forwarded on to Ms Manners, with a reply posted the following week.

Ms Manners has taken a break to go skiing this week, so instead, we're re-running one of the older columns. Here's one from Jan 12, 1927:

"

Hello Ms Manners,

What with the other 1200 people enrolled here, it sure is overcrowded, and I gotta get outside. I'd like to get into this newfangled climbing sport, and I understand you know your onions! The trouble is, this \$40 tuition has left me destitute. How much equipment do I really need to get out there?

With gratitude,

Edmund Hilary

Hello Edmund,

How nice of you to write in, and with your real name, not one of those witty pseudonyms that are so popular these days!

It doesn't take much at all to get into the outdoors. You'll need grease to protect your skin from the light. When traveling in a party, try to take a lamp to allow travel after dark, though like cameras, these contraptions tend to be so heavy they aren't worth the weight. I'm afraid that, short of a rifle, we've nothing at all to deal with bears. If you do encounter one, perhaps try to maintain eye contact with the fellow to establish yourself as the alpha.

When climbing, be sure to tie the rope tightly around your waist, so as to prevent it from slipping off. If you find a stone wedged in a crack, it may be used as an anchor; merely untie the rope from your waist, thrust it up behind the stone, from below, be it noted, and retie in again. Be sure to bring a ladder or long pole for surmounting the most challenging pitches, though the smaller cruxes may be resolved through 'fast and light' techniques such as standing on top of your climbing partner's shoulders.

Tune in next week, for 'Cotton: The Ideal Base Layer Material'! "

=====

[Click here to delete this document](#)

(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club