

Document type : vocene
Date : 2016-03-08
Description : VOCene #37 2016
Content :

Varsity Outdoor Club
VOCene #37, March 8 2016

** In This Issue:

** Recent Trips

Upcoming Trips

** Message Board Highlights

** Ms. Manners

** Recent Trips

-Various parties had rainy but fun times at Red Heather (<http://www.ubc-voc.com/2016/03/07/learning-to-survival-ski-2016-march-5-6>) .
-Ilia Capralov and Dina (<http://www.ubc-voc.com/2016/03/04/new-year-fiasco-in-kootenay-part-1>) tried out the Bonnington traverse over the holidays.
-Nobody climbed Siwash Rock (<http://www.ubc-voc.com/2016/03/03/the-time-we-didnt-climb-siwash-rock>) .

** Upcoming Trips

THIS WEEKEND

Intro to Backcountry Splitboarding! - Beg. Friendly! · Saturday, March 12th
(<http://www.ubc-voc.com/tripagenda/details.php?tripid=1173>)
Any splitboarders just getting into backcountry snowboarding interested in learning the tricks from a veteran, this trip is for you.

Intermediate/Advanced Spearhead Traverse · Sat. Mar. 12th - Sun. Mar. 13th
([https://webmail.alumni.ubc.ca/owa/redir.aspx?](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)

[SURL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[GMALQB2AG8AYwAuAHUAcwAxADEALgBsAGkAcwB0AC0AbQBhAG4AYQBnAGUAMQAuAGMabwBtAC8AdABYAGE](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[AYwBrAC8AYwBsAGkAYwBrAD8AdQA9AdcAYgA2ADgANQAzADIA0AA1ADMAMgBiADEANwAwADMAYQA0ADYAM](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[wA1AdcA0QAzADIAJgBpAGQAPQA9ADEAMQBLAGYAZABhADUANgAyACYAZQA9ADUAZABhADcAYQAYADIAYgB](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[lADcA&URL=http%3a%2f%2fubc-voc.us11.list-](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[manage1.com%2ftrack%2fclick%3fu%3d7b685328532b1703a46357932%26id%3d011efda562%26e%](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[3d5da7a22be7\)](https://webmail.alumni.ubc.ca/owa/redir.aspx?URL=xJzkfC4Pg55BKTTISI93CE1V2BJaiEWtGg3g_WMc5uY2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)

The only traverse that arguably has better views than the Neve, this is a difficult but rewarding trip. Side trips up the nearby peaks optional but recommended.

Beginnner Friendly: Snowshoeing Daytrip at Mount Seymour · Sunday, March 13th

([https://webmail.alumni.ubc.ca/owa/redir.aspx?](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)

[SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[GMALQB2AG8AYwAuAHUAcwAXADEALgBSAGkAcwB0AC0AbQBhAG4AYQBnAGUALgBjAG8AbQAvAHQAcgBhAGM](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[AawAvAGMAbABpAGMAawA_AHUAPQA3AGIANgA4ADUAMwAyADgANQAzADIAYgAxADcAMAAzAGEANAA2ADMAN](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[QA3ADkAMwAyACYAaQBkAD0AMwBmAGUANwA3ADgAYwAxADUAZgAmAGUAPQA1AGQAYQA3AGEAMgAyAGIAZQA](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[3AA..&URL=http%3a%2f%2fubc-voc.us11.list-](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[manage.com%2ftrack%2fclick%3fu%3d7b685328532b1703a46357932%26id%3d3fe778c15f%26e%3](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)
[d5da7a22be7\)](https://webmail.alumni.ubc.ca/owa/redir.aspx?SURL=0zz0b9j444gsvwxexk6qF62A1tv__0XF3kBrzrh9QQ2XGILckfTCGgAdAB0AHAA0gAvAC8AdQBIA)

Beginners welcome! If you haven't skied before, this trip is for you.

NEXT WEEK

Slideshow: Trekking in Nepal, Nicole Barrette · Wednesday, March 16th

(<http://www.ubc-voc.com/tripagenda/details.php?tripid=1148>)

Description:

Come join us at 8:30 PM in ESB 2012 to hear about Nicole's adventures in Nepal!

Please note that this slideshow is an hour later than normal because of the wonderful opportunity to view the film "Paddle for the North" at 7:00 PM.

<http://paddleforthenorth.org/>

NEXT WEEKEND

Slipstream 50-Hour Essential Wilderness First Aid- Discount Vouchers Available ·

Sat. Mar. 19th - Wed. Mar. 23rd (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1158>)

Description:

This training has turned out to be a must-have on many VOC epics. And we need more people to sign up!

** Message Board Highlights

-Knut needs a portable projector for Wednesday night (<http://www.ubc-voc.com/phorum5/read.php?1,117136>) !

-The VOC needs a new Exec pretty soon (<http://www.ubc-voc.com/phorum5/read.php?1,115724>) . People should start thinking about signing up.

** Ms Manners

Ms Manners is the VOC's resident expert on mountaineering and outdoors etiquette, and answers questions from VOCers once a week in her advice column, here. Do you have a question for Ms Manners? Email the VOCene editor and it will be forwarded on to Ms Manners, with a reply posted the following week.

Hey Ms Manners,

How do I properly pack my backpack? I seem to always take too much stuff and never find it in my pack when I need it? Especially now on overnight skiing stuff it's quite frustrating..

Hey,

Packing's definitely more art than science. A lot of it will become reflex after several trips, but there's plenty that you can pick up from the various tutorials on the VOC website.

Christian Veenstra's 'How to Pack (<http://www.ubc-voc.com/mediawiki/images/a/aa/HowToPack.pdf>) ' slideshow is an excellent resource, particularly for overnight skiing trips. The VOC gear list (http://www.ubc-voc.com/wiki/Gear_lists) is also pretty essential reading. In both cases, particularly don't neglect bringing any of the clothing - ski trips are a lot colder if you don't have fleece pants, for example, and hut trips without a down jacket will move the whole experience closer to type 2 fun. As a start, take what's on that gear list - no more, no less.

As for finding stuff in your pack, everybody's got their own system. Here are a few general pointers for backcountry skiing:

-Avy kit (shovel and probe) should be somehow inside your pack. Easily reached, but still, in a spot where it seems pretty unlikely that it could get ripped off during an avalanche.

-Save some space by storing your dinner/breakfast inside the pot you need to cook it in.

-Your snack-type food and water should be easily accessible. Ideally, grab-while-moving accessible. Your beacon should be on you. Ideally, your headlamp has its own pocket somewhere on your person instead of being in your pack; it's probably fine if it's somewhere else that's easily accessible.

-During winter trips, use a Nalgene-type water bottle, not a water bag. Those things freeze up specacularly. Some people will even make little foam holders out of old sleeping pads to keep their Nalgenes warm.

-Tea can be pretty nice at the end of the day, and the bags are very light.

Happy packing,
Ms Manners

=====

[Click here to delete this document](#)

(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club