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Varsity Outdoor Club  
VOCene #38, March 15 2016

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\* Go watch Noel Fitzpatrick's 1 Minute Thesis video about glaciers!

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**\*\* Special Features**

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Noel Fitzpatrick, a fellow VOCer, is doing a PhD on the future of BC's mountain glaciers and monitors how the melt rate changes with weather conditions. To raise awareness for this fairly vital research, Noel's entered the NSERC 1 Minute Thesis competition. Watch his video (<https://www.youtube.com/watch?v=9rqAKekFODs>) ! Share his video! He needs as many views as possible by the end of this week to improve his chances of getting shortlisted, and I think we can all agree that trying to track the (occasionally ridiculously fast) melt rate and correlate it to external forcings is pretty important.

**\*\* Recent Trips**

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-Roland (<http://www.ubc-voc.com/2016/03/15/hollyburn-sunday-march-13>) reports a successful beginner-friendly trip up Hollyburn on Sunday.

**\*\* Upcoming Trips**

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THIS WEEK

Paddle for the North, award winning film · Wednesday, March 16th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1181>)

Description:

Paddle for the North (<https://www.facebook.com/PaddleForTheNorth/>) is heading to UBC Alma Mater Society - AMS (<https://www.facebook.com/UBCAMS/>) for a screening of the FEATURE LENGTH FILM (55MINS). Tickets \$10. Invite all your friends and family!

SCREENING TIMES: 1.00PM, 4.00PM, 7.00PM

Slideshow: Trekking in Nepal, Nicole Barrette · Wednesday, March 16th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1148>)

Description:

Come join us at 8:30 PM in ESB 2012 to hear about Nicole's adventures in Nepal!

Please note that this slideshow is an hour later than normal because of the wonderful opportunity to view the film "Paddle for the North" at 7:00 PM.

<http://paddleforthenorth.org/>

THIS WEEKEND

Slipstream 50-Hour Essential Wilderness First Aid- Discount Vouchers Available · Sat. Mar. 19th - Wed. Mar. 23rd (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1158>)

Description:

These vouchers are useful for anytime over this year. This knowledge could save someone else's life.

Pre-Easter instructional climbing trip · Saturday, March 19th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1180>)

Description:

This is an instructional trip, aiming to give you the techniques you need to gain some autonomy out there.

We'll try to adapt the content to the need of the participants. See first post of the message board thread for details.

Intro to Trail Running (Beg. Friendly) + Banana Pancakes! · Sunday, March 20th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1175>)

Description:

Interested in exploring the beautiful forests in your backyard? Ever dreamed of feeling the rhythmic pounding of your feet on the ground while surrounded by trees? Wonderful! I have a plan for you. If the answer was no, just give it a shot and I'm sure you'll fall in love.

NEXT WEEK

Full Moon Hike on Mount Seymour (very beginner friendly!) · Wed. Mar. 23rd - Thu. Mar. 24th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1177>)

Description:

Hiking at night is one of my favorite activities! And when better to do it than under the light of the full moon? The plan is to leave at 10, probably returning to the city at 2 AM or so.

VOC Spring Gearswap: Sell your surplus gear/buy used gear · Wednesday, March 23rd (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1165>)

Description:

A potentially vital source of semi-new gear.

Gear repair session (WORKHIKE) · Wednesday, March 23rd (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1183>)

Description:

We need to repair the VOC skiing equipment so that we can bring it outside and break it again! Please volunteer if you can possibly find the time!

NEXT WEEKEND

Galloping Goose trail bike trip (March 25-26) · Fri. Mar. 25th - Sat. Mar. 26th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1174>)

Description:

150 km, 2 days, and about half the route will need to be figured out on the fly. What VOCer wouldn't be interested??

Easter Long Weekend Climbing! · Fri. Mar. 25th - Mon. Mar. 28th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1170>)

Description:

4 straight days of climbing somewhere pretty.

\*\* Message Board Highlights

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-The VOC needs a new Exec pretty soon (<http://www.ubc-voc.com/phorum5/read.php?1,115724>) . People should start thinking about signing up.

-Do YOU know what kinds of intermediate gear the club should buy, and/or do you have strong opinions about climbing on borrowed trad racks (<http://www.ubc-voc.com/phorum5/read.php?1,117212>) ? The VOC needs your help to decide what gear to buy!

-Byron Wilson shall organize an end of semester car camping rager (<http://www.ubc-voc.com/phorum5/read.php?3,117198>) over April 9-10.

-More people should do the Slipstream first aid course (<http://www.ubc-voc.com/phorum5/read.php?1,116427>) !

\*\* Ms Manners

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Ms Manners is the VOC's resident expert on mountaineering and outdoors etiquette, and answers questions from VOCers once a week in her advice column, here. Do you have a question for Ms Manners? Email the VOCene editor and it will be forwarded on to Ms Manners, with a reply posted the following week.

Spring is upon us, and eventually summer. With that in mind (also, I've been scraping the bottom of the barrel for ideas for a little while now), I want to point out to everybody that emergency whistles sound exactly like marmot calls. If you get lost in the wrong region of Garibaldi and need to regain contact with your group, use at least two blows in quick succession (preferably, you could work out a system beforehand with your group instead). Otherwise your teammates will just wander around going, 'Where's \_\_\_\_? Why aren't they trying to contact us? Why are the marmots so loud right now?'

It could happen to you.

Cheers,

Ms Manners

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**(This is no joke, no wimpy confirmation screens will appear, so don't mess around)**

**Varsity Outdoor Club**