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Varsity Outdoor Club
VOCene #43, April 26 2016

** In This Issue:

** Recent Trips

** Upcoming Trips

** Message Board Highlights

** Ms. Manners

** Recent Trips

* Arran and Joane very nearly made their way to Pitt River Hot Springs
(<http://www.ubc-voc.com/2016/04/20/second-overland-attempt-to-pitt-river-hot-springs>) .

* Roland Burton and a few others made it to Keyhole Hot Springs. (<http://www.ubc-voc.com/2016/04/19/keyhole-hot-spring-april-17-18>)

** Upcoming Trips

THIS WEEK

Last day of Exams · Wednesday, April 27th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1138>)

Woo hoo! Excellent time for trips to start happening!

'Backcountry' skiing aka Skinning Cypress Resort · Wednesday, April 27th
(<http://www.ubc-voc.com/tripagenda/details.php?tripid=1213>)

Is anyone interested in skinning up Cypress ski area and skiing a lap or two on the closed ski runs this Wednesday evening?

It's always worth the trip.

THIS WEEKEND

The May bikepacking expedition · Sat. Apr. 30th - Fri. May. 6th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1207>)

7-day biking trip! Should be beautiful terrain.

NEXT WEEK

VOC BBQ at Locarno 1st Installment · Wednesday, May 4th (<http://www.ubc-voc.com>)

voc.com/tripagenda/details.php?tripid=1196)

Come by! We'll have a big VOC flag. We like to do this once a month.

NEXT WEEKEND

****Son of Rock (Learn How to Climb Outdoor Rock in Squamish!)**** · Sat. May. 7th - Sun. May. 8th (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1195>)
This is the annual spring learn-to-rock-climb event in Squamish. Highly recommended.

**** Message Board Highlights**

-There's been a slew of off-brand Petzl harnesses on eBay (<http://www.ubc-voc.com/phorum5/read.php?1,117931>) . Buy your safety gear from reputable sources!
-Richard Shaw (<http://www.ubc-voc.com/phorum5/read.php?1,117961>) could use some crampons.
-Roland's heading for Calgary May 1 (<http://www.ubc-voc.com/phorum5/read.php?1,117932>) , in case that helps somebody.

**** Ms Manners**

Ms Manners is the VOC's resident expert on mountaineering and outdoors etiquette, and answers questions from VOCers once a week in her advice column, here. Do you have a question for Ms Manners? Email the VOCene editor and it will be forwarded on to Ms Manners, with a reply posted the following week.

Hey Ms Manners,

I'm heading across the border for a trip. What travel insurance do I need?

Thanks!

Hey,

Good question! Having medical insurance during climbing trips into the US (or any other country, for that matter) can prevent a pretty major fiscal headache. The Co-operators were frequently recommended amongst the VOC for a while, but they've stopped offering insurance for climbers.

The ACC (<https://www.alpineclubofcanada.ca/acc-trip-insurance/>) recommends TuGo (<https://www.tugo.com/en/company/contact-us/>) for Emergency Medical Insurance among other things. It's ~\$20 for a couple of days, which is pretty reasonable.

Stay safe out there,
Ms Manners

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CONTRIBUTIONS to the VOCene are welcome. Please send all inquiries or additions to the VOCene Editor.

