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Content :

Adventures make one late for dinner.

Photo of the Week: view of the Elfin Lakes hut this past Sunday night. Picture taken by Vincent Chan-Ying. Please send your nominations to the VOCene editor!

Harrison Hut trail access: (<http://www.ubc-voc.com/phorum5/read.php?1,118358>)
trail closed starting June 1st for logging. Further details to be confirmed.

Upcoming Trips

THIS WEEK:

BBQ happened yesterday (not tonight!)

NEXT WEEK:

Light and fast on Colliseum (<http://ubc-voc.us11.list-manage.com/track/click?u=7b685328532b1703a46357932&id=6cfe058948&e=ca2ddd402a>)

June 13 --- Lynn Headwaters Regional Park

Not a strict trail running trip, more so a 'walk and run with very little gear to try and go fast' trip.

Tools sharpening (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1232>)

June 14 --- Clubroom

Help sharpen some of the dull tools in the clubroom to make trail building that much more enjoyable. Please bring files!

NEAR FUTURE:

Summer Solstice at Seymour (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1235>)

June 21 - 22 --- Mt. Seymour

Celebrate the longest day and the start of the summer on top of Mt Seymour with some weekday camping!

How many VOCers does it take to replace a helicopter? (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1237>)

June 25 - 26 --- Brew Hut

The VOC has a long tradition of attempting the ridiculous. This trip IS ridiculous. It might just work. Ross wants to recruit a small army to help carry wood from the summer trail head (much closer than the winter trail head) to the hut. If, over the course of the weekend we can carry half a tonne of wood then we will have proven that we don't need to pay the big bucks for a helicopter!

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

People seem to have found time to write a bunch of trip reports (great!), so here they are:

- * Whitewater kayaking in the rockies (<http://www.ubc-voc.com/2016/06/03/southern-rockies-whitewater-triple-crown-daisyslateeast>)
- * Pemberton Icecap traverse (<http://www.ubc-voc.com/2016/06/02/pemberton-icecap>)
- * Ascending Island Peak in Nepal (<http://www.ubc-voc.com/2016/06/02/ascending->

island-peak-6189m-in-nepal)

* Lizzie Workhike beginner's perspective (<http://www.ubc-voc.com/2016/06/02/workhike-to-lizzie-a-beginners-perspective>)

* Lizzie Creek Workhike (<http://www.ubc-voc.com/2016/06/01/a-lizzie-creek-workhike>)

* Red rocks reading week climbing (<http://www.ubc-voc.com/2016/06/02/red-rocks-reading-week-adventure-february-13-20-2016>)

Mt. Currie: Roland, Carla, and Lia headed up the Mt. Currie trail in Pemberton. The trail was quite steep and the weather scorching hot. Even the car thought it was too warm. Read the trip-report here (<http://www.ubc-voc.com/2016/06/06/mt-currie-trail>) . Pictures from Roland Burton.

Crevasse rescue practice: In the end, Caitlin and Julien ended up playing around at the vortex of doom on the Wedgemount glacier. They learned a few things about hauling systems and prussiking up icy overhangs. Picture from Julien Renard.
Cameron Lake Bikepacking Trip: The trip to Cameron lake didn't happen due to low quorum, so Ilya went to Port Mellon to explore Rainy River Road and a hypothetical route from Sunshine Coast to Squamish instead. Due to hot weather and the difficulty of the first pass he went to Lake 7 where he spent the night. During the trip he saw 4 bears and ate lots of Salmonberries. Snow starts to appear on the roads at the elevations higher than 1100 m in that area. Left: lake 7 under ice in June. Right: Rainy Valley. Pictures from Ilya Capralov.

Elfin Lakes: Three known parties headed up to Elfin on Saturday June 4th. One was a pair of skiers, the other parties was an overnight and day hike crew. There's still snow at Elfin to do spring skiing but not much—it's melting fast! The tops of the bear hangs are visible. We had to bootpack our skis up to Red Heather before we could start skinning. It was marvelous Type II fun. Picture taken by Vincent Chan-Ying.

Message Board Notes

* Minors, outdoors, and the law (<http://www.ubc-voc.com/phorum5/read.php?1,118434>)

* Revive the Recipe Wiki (<http://www.ubc-voc.com/phorum5/read.php?1,118409>) !

* Chainsaw skills (<http://www.ubc-voc.com/phorum5/read.php?1,118379>) and can we carry 500kg of wood up to Brew?

* Laying hens and chicken coop (<http://www.ubc-voc.com/phorum5/read.php?1,118324>)

* Seeking room (<http://www.ubc-voc.com/phorum5/read.php?1,118368>) in shared house

* Harrison Hut trail access (<http://www.ubc-voc.com/phorum5/read.php?1,118358>)

Ms. Manners

Dear Ms. Manners,

Since my recent arrival to the club I have been hearing the term "F.U. Break." It would be super nett if you help me with my English by expanding on this term. The thing is, I only vaguely hear it as I am approaching my hiking group. I thought "break" means "eine Pause" but I think I'm wrong because throughout the hole hike, I never stop.

Prost,

Günter, The Confused Speaker

Dear Günter,

I have not yet heard the term F.U. Break. It might stand for Fun Ultimate Break (especially if someone whips out a Frisbee) or if said in a different tone maybe F%&k You Break. When faster members of a group take a break and wait till the rest of the group has caught up, they often forget that the other members haven't had a break yet and probably want one, or they're just antsy. It is totally fine to ask them to wait around a while longer. Alternatively just give them your heavy stuff

and they'll be wishing for a break when they catch up to you ;)
Welcome to the club!
Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette.
Do you have a question for Ms. Manners? Email the VOCene editor and it will be
forwarded on to Ms. Manners, with a reply posted the following week.

VOCene #6, June 8th 2016

Ye Olde VOC:

A weekly recollection of the past of the club.

According to the 1917 Totem (UBC's annual), the constitution was "unique from the
face that all persons wishing to qualify for membership must have ascend to the
peak of a mountain equal in height to Grouse. There is a rumour that this standard
may be raised for the men. The women, being weaker vessels, will be admitted on
the old footing."

Mountain News/Articles:

If you have an article you would like to write/share, send it to the VOCene editor
and it will be featured here.

How to understand the Grand Canyon. (http://adventure-journal.com/2016/06/how-to-
understand-the-grand-canyon/)

F%&!k busy. (http://adventure-journal.com/2016/06/f-busy/)

Quote of the Week:

"There is no problem that cannot be brought to an end by the absence of a
solution."

~ Henri Queuille

Please send in your nominations for Photo of the Week to the VOCene editor. She
doesn't want to have to hassle you.

Tip of the Week:

Flint is a great tool to light your stove! Some of the major benefits include that
it does not run out like lighters/matches and still works even if it is soaked. It
generally comes on a block that is made out of magnesium so that you can scrape
off the magnesium and use it as an accelerant to start a fire. It can be a bit
tricky to get the hang of using, so get one now (they're cheaper on amazon) and
you'll be an expert at using it by the winter time!

