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Content :

Adventures make one late for dinner.

Photo of the Week: Summer solstice camping at the first peak of Mount Seymour overlooking the lower mainland. Picture taken by Josh Ma. Please send your nominations to the VOCene editor.

Upcoming Trips

THIS WEEK:

Phelix work hike (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1201>)

July 1 - 3 --- Phelix Hut

Just in case you don't feel tired enough from hauling wood up Brew, come join for the Canada Day Weekend and help us keep Phelix in good shape!

Mountain Tinder (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1236>)
(Mountaineering Camp)

July 1 - 4

Discover new and interesting mountaineering partners nearby..

NEXT WEEK:

Intro to Backcountry workshop (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1244>)

July 6 --- At the VOC barbeque

Are you new to the outdoors? Maybe you've been on some local day hikes and want to see what backcountry hiking & backpacking is all about? We'll give you some tips and advice to get you sorted out for summer trips. Bring yourself, your friends, and your questions!

VOC barbeque (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1246>)

July 6 --- Locarno Beach (near Tolmie street)

Join for grilled goods, recanting of stories, and the occasional frisbee toss. Look for the VOC flag!

Wedge Mountain via Northeast Arete (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1224>)

July 8 - 9 --- Wedgemount

The north east arete of Wedge is a classic and very aesthetic mountaineering route. The plan is to do this in two days. You need crevasse rescue skills, confidence on glaciers, steep snow, and you need to be comfortable with sustained exposure.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Trip reports:

* Appetite for the Alpine (<http://www.ubc-voc.com/2016/06/23/an-appetite-for-the-alpine>) - Alpine Skills Course

* Powell Forest canoe route (<http://www.ubc-voc.com/2016/06/24/powell-forest-canoe-route-june-19-22>)

Brew Hut wood carry: Succes! All the nay-sayers were proven wrong. Some people went for a dip in Brew lake. Read more here (<http://www.ubc->

voc.com/2016/06/28/hauling-firewood) .

Joffre Lakes + Tszil Peak: a large group camped at Joffre Lakes, practiced self-arrest, scrambled up Tszil Peak, and bum slid back down most of the way to the lake. Picture taken by Steve Cabral.

Message Board Notes

- * Join for Ultimate tonight (<http://www.ubc-voc.com/phorum5/read.php?1,111695>) on the beach!
- * Tantalus Range conditions (<http://www.ubc-voc.com/phorum5/read.php?1,118785>)
- * Looking for room starting in September (<http://www.ubc-voc.com/phorum5/read.php?1,118795>)
- * Spot vs. PLB (<http://www.ubc-voc.com/phorum5/read.php?1,103921>)
- * For sale: (<http://www.ubc-voc.com/phorum5/read.php?1,118787>) trad and aid climbing gear
- * Prussiks: how thin is too thin? (<http://www.ubc-voc.com/phorum5/read.php?1,118591>)

Ms. Manners

Dear Ms. Manners,

People keep asking WWVD. What does this mean?

Cheers,

Too Many Damn Acronyms

Dear TMDA,

It stands for What would Veenstra do? Christian Veenstra has been a member of the VOC for a long time and is observed by some as a legend like Gilgamesh; 2/3 god and 1/3 human. Examples of this godliness include: Tantalus traverse in a day, skiing from Harrison to Brew in a day, semi-Alcoholic speed traverse (<5 hrs) and Neve traverse (< 6 hrs). Amongst many useful things, he created a lightweight packing list (<http://www.ubc-voc.com/mediawiki/images/a/aa/HowToPack.pdf>) . If you'd like to hear more backcountry advice checkout this workshop (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1244>) !

Cheers,

Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms. Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners, with a reply posted the following week.

VOCene #9, June 29th 2016

Ye Olde VOC:

A weekly recollection of the past of the club.

There are a few mountains and glaciers named after the club - Veeocee Mountain, The Lecture Cutters, The Bookworms, and the Ubysssey Glacier and many others named by members of the club.

Quote of the Week:

"I think it's a great thing. I think it's a fantastic thing." [About the UK referendum, after flying into Scotland --- one part of the UK that voted to stay in the EU].

~ Donald Trump

Weekly recipe:

Every now and then I'll include a recipe from the VOC wiki (<http://www.ubc-voc.com/wiki/Recipes>) here. Try them out and share yours!

Thai curry (http://www.ubc-voc.com/wiki/Thai_Curry) - general directions for making curries in the backcountry.

Tip of the Week:

It's summer and the snow is still around. Make sure to bring your sunglasses to prevent snowblindness!

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club