

Document type : **vocene**
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Description : **VOCene #10 2016**
Content :

Adventures make one late for dinner.

Photo of the Week: Mountains in the area around Phelix Hut. Picture taken by Alberto Contreras. Please send your nominations to the VOCene editor.

Garibaldi Provincial Park: The permit system for Garibaldi Park has changed. You now have to make reservations for Elfin Lakes, Taylor Meadows or Garibaldi Lake ahead of time and CANNOT purchase a pass at the trailhead with cash. You must pay online before hand or by phone (+\$5).

Link to Reservation Page (<https://secure.camis.com/Discovercamping/Garibaldi/>)

Upcoming Trips

THIS WEEK:

Intro to Backcountry workshop (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1244>) (Tomorrow!)

July 6 --- At the VOC barbeque

Maybe you've been on some local day hikes and want to see what backcountry hiking & backpacking is all about? We'll give you some tips and advice to get you sorted out for summer trips.

VOC barbeque (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1246>) (Tomorrow!)

July 6 --- Locarno Beach (near Tolmie street)

Join for grilled goods, recanting of stories, and the occasional frisbee toss. Look for the VOC flag!

Wedge Mountain via Northeast Arete (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1224>)

July 8 - 9 --- Wedgemount

The north east arete of Wedge is a classic and very aesthetic mountaineering route. You need crevasse rescue skills, confidence on glaciers, steep snow, and you need to be comfortable with sustained exposure.

Tricouni Peak hike and Scramble (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1249>)

July 9 --- Tricouni

Tricouni is a short, fantastic hike and scramble above beautiful alpine lakes and meadows.

NEXT WEEK:

Alcoholic Traverse (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1252>) (Beginner friendly)

July 15 - 18 --- Brandywine to Brew

This is in the tradition of legendary VOC traverses, going from Brandywine to Brew, hence the name. Alcohol need not be consumed.

Attack on Castle Towers (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1211>)

July 16 - 17 --- Castle Towers, Garibaldi Park

Last year, Vincent failed siege on Castle Towers. Now stronger than ever, he is determined to lead a strong capable team to conquer Castle Towers. Will you join him on this quest?

Howe Sound Crest Trail (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1191>) (running edition)

July 16 --- Cypress to Porteau Cove

The Howe Sound Crest Trail is a beautiful & high traverse between Cypress Mountain and Porteau Cove. You'll need to be a strong runner, comfortable on very rocky, rooty, uneven terrain.

Week long Tantalus dirtbagging (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1214>) (intermediate/advanced)

July 17 - 23 --- Tantalus

Spend 5-7 days in the Tantalus range to climb Alpha, Serratus, Dione, and Tantalus and explore the area.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Trip reports:

* Joffre Lakes + Tszil Peak (<http://www.ubc-voc.com/2016/06/30/lakes-glaciers-snow-sledding-at-joffre-lakes-and-tszil-peak>)

Phelix Hut Workhike: A group went up to Phelix this long weekend to work on the trail, bridge over troubled waters, stoves, and install chicken wire. Read more here. (<http://www.ubc-voc.com/2016/07/05/phelix-hut-work-trip-july-01-03>)

Pictures taken by Alberto Contreras/Lucy Buchanan-Parker.

Lead Ladder: Great fun was had and much learning! One group charged up Rambles and Diedra, one plugged gear on Skywalker, one group got harshly shut down by Europa, and bailed to a quick gaunt up rambles.

Mountain Tinder [mountaineering camp]: Three people summited Fissile via the NW Couloir, the mountain is truly a choss pile though. Lots of love in the air <3

Message Board Notes

* Spot vs. PLB (<http://www.ubc-voc.com/phorum5/read.php?1,103921>)

* People looking for housing in August/September: Rae (<http://www.ubc-voc.com/phorum5/read.php?1,118853>) , Theresa (<http://www.ubc-voc.com/phorum5/read.php?1,118833>)

* Stuff for free/beer/sale (<http://www.ubc-voc.com/phorum5/read.php?1,118850>)

* Packing food for a 7+ day trip (<http://www.ubc-voc.com/phorum5/read.php?1,118692>)

Ms. Manners

Dear Ms. Manners,

What should I do if I wake up to a black bear eating my food cache 15m away?

Cheers,

Nearly Munched

Dear Nearly Munched,

First of all, I would recommend waking up your mates. Get out of your burrito (sleeping bag), make noise, find your ice axe and wave it around like a maniac. As early as is practicable, pack up your things and get out of there, stay together as a "scary" looking group and look forward to being hungry on your way home. On the bright side, a few hours later the bear might be regretting his/her life choices after "processing" your rich, calorific food stuffs!

Cheers,

Ms. Manners (who can relate slightly too well)
Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette.
Do you have a question for Ms. Manners? Email the VOCene editor and it will be
forwarded on to Ms. Manners, with a reply posted the following week.

VOCene #10, July 5th 2016

Ye Olde VOC:

A weekly recollection of the past of the club.

TBT #4: (<http://www.ubc-voc.com/2016/07/05/tbt4-bugaboo-epic>) Bugaboo Epic --- A
climber's story

Quote of the Week:

"I like big marmots and I cannot lie."

~ Anonymous VOCer

Weekly recipe:

Every now and then I'll include a recipe from the VOC wiki (<http://www.ubc-voc.com/wiki/Recipes>) here. Try them out and share yours!

Pasta with Mushroom Sauce (http://www.ubc-voc.com/wiki/Pasta_with_Mushroom_Sauce)

Tip of the Week:

At night, fill your thermarest bag with clothing you would like to (keep) dry and
use it as a pillow. Your body heat will help dry it out and you'll be happy in the
morning.

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club