

Document type : **vocene**
Date : **2016-09-20**
Description : **VOCene #21 2016**
Content :

Adventures make one late for dinner.

Photo of the Week: Get stoked for ski season! Picture taken by Ian Johnston.

Send an email to Jess Melage (jessmelage@gmail.com) if you want to give a
slideshow presentation!

Upcoming Trips

THIS WEEK

The Mountain-Ready Workout (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1272>)

September 22 --- UBC campus

Interval training workout!

Advanced crevasse rescue clinic (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1292>)

September 22 --- Wreck Beach

Work on those crevasse rescue skills.

Slideshow: Team Bad Idea faces Scottish winter (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1290>)

September 22 --- ESB 2012

Join Artem as he recounts his adventures through the bonny hills of Scotland.

Warning: may contain extreme cases of esoterica.

Liberation at Washington Pass (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1274>) (Intermediate friendly)

September 23 - 25 --- Washington Pass

Groups will head over together split off and camp at the same place.

NEXT WEEK

Basic crevasse rescue clinic (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1293>)

September 29 --- Wreck Beach

Learn the basics of crevasse rescue, rope travel and more.

Beer-ienteering (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1269>)

September 29 --- Clubroom, campus, pub

Have you ever been lost in the woods, travelled north instead of south, or went in circles because you didn't know how to use a compass? Learn more about orienteering here.

Lizzie Creek Trail Maintenance (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1288>)

September 30 - October 2 --- Lizzie Creek

Help clear alder and dead fall from the Lizzie Creek trail and earn some good karma.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Norvan Falls: A few courageous souls braved the rain and had a successful hike to Norvan Falls this Saturday.

Grouse and Goat Mountain hike: Happened and waiting to hear back stories!

Annual Black Tusk trail run: Another year, another run from Cheakamus to Rubble Creek. Picture from Michael Stone.

Message Board Notes

- * Looking for partners for US climbing trip (<http://www.ubc-voc.com/phorum5/read.php?1,119412>)
- * Free mountain bike (<http://www.ubc-voc.com/phorum5/read.php?1,119661>)
- * Moving sale stuff (<http://www.ubc-voc.com/phorum5/read.php?1,119645>)
- * Selling rain gear/jacket/fleece (<http://www.ubc-voc.com/phorum5/read.php?1,119641>)
- * Zion National Park beta (<http://www.ubc-voc.com/phorum5/read.php?1,119614>)
- * Female bike touring scholarship (<http://www.ubc-voc.com/phorum5/read.php?1,119642>)
- * Lose your pant legs (<http://www.ubc-voc.com/phorum5/read.php?1,119636>) ?
- * Rock Party call for instructors (<http://www.ubc-voc.com/phorum5/read.php?1,119631>)

Ms. Manners

Hey Ms.Manners,

I am new to the VOC, and am curious to know more about everything that encompasses what VOC is! I often get overwhelmed by the trip agenda as it is filled with a mixture of trips, local events and slideshows. I just want to focus on trips and ignore the social events and slideshows. Do you think I am missing anything substantial by doing this? Do you think that being involved in the all the aspects of the club would change my experience in the club in any way?

Cheers,

Newbie

Dear Newbie,

The trip agenda can be quite overwhelming, especially in September when there are so many wonderful things going on. The VOC is a pretty cool community and social events/slideshows are great ways to get to know people within this community. That being said, nothing bonds people like shared struggle. You might meet some of your best friends on trips! I'd encourage you try out coming to a couple of social events and then decide for yourself what works for you.

Greetings,

Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms. Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners.

VOCene #21, Sept. 20 2016

Ye Olde VOC:

A weekly recollection of the past of the club.

In april 2003, a party visited the Brew area, finding the Brew hut buried up to the top of the roof. The hut was located only by the 2x4 pole sticking out of the snow. Nearby, the micro-brew structure was relatively snow free, and still easily

visible despite being only 1/4 as tall as the Brew Hut.

Quote of the Week:

"Crack on crack, rack on rack."

~ Anonymous VOCer

Weekly recipe:

Every now and then I'll include a recipe from the VOC wiki (<http://www.ubc-voc.com/wiki/Recipes>) here. Try them out and share yours!

Tip of the Week:

Never have I once regretted getting up early in the mountains.

[Click here to delete this document](#)

(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club