

Document type : **vocene**
Date : **2016-10-11**
Description : **VOCene #24 2016**
Content :

Adventures make one late for dinner.

Photo of the Week: Small patch of blue sky and snow on the way up to mount Jim Kelly in the Coquihalla. Picture taken by Cora Skaien.

Upcoming Trips

THIS WEEK

VOC fall gearswap (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1298>)

October 12 --- IKB 261 @ 6.30pm

Buy & sell outdoor gear to each other

Rock party (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1267>) & General meeting (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1302>)

Pre-trip at 6pm, October 13

NEXT WEEK

A ceilidh in Vancouver? Damn straight! (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1305>)

October 21 --- Vancouver

Come dance a Ceilidh! It's a form of dance that was specifically designed so that the rhythmically impaired, artistically and creatively stunted folks could still take part. They promise to teach "almost everything you need to know."

Island caving & climbing extravaganza (<http://www.ubc-voc.com/tripagenda/details.php?tripid=1303>)

October 22 - 23 --- Vancouver Island

Head to Vancouver Island to check out the world inside caves.

Past Trips

Ms. Manners enjoys sharing your trip pictures. Please send them her way (so that she doesn't have to harrass you to get them)!

Thanksgiving at Brew Hut: A large group had a fantastic time up at Brew over the long weekend. Everybody made it home (eventually) after some car trouble on the way back.

Biking on Vancouver Island: Saturday proved to be a tad bit rainy with a fair amount of elevation gain, but plenty of fun was had and the rest of the weekend cleared up!

Message Board Notes

* VOC general meeting (<http://www.ubc-voc.com/phorum5/read.php?1,119849>) at Rock Party pre-trip

* Gear for sale (<http://www.ubc-voc.com/phorum5/read.php?1,119679>)

* VOC fall gearswap (<http://www.ubc-voc.com/phorum5/read.php?1,119715>)

* Real Rock 11 (<http://www.ubc-voc.com/phorum5/read.php?1,119937>)

* Room for rent: (<http://www.ubc-voc.com/phorum5/read.php?1,119947>) Dunbar and w. 30th

* Chief Girdle traverse (<http://www.ubc-voc.com/phorum5/read.php?1,118553>)

Ms. Manners

Dear Ms. Manners,

Can you recommend a storm themed playlist and dance moves for this weekend's Rock Party? I want to get my meteorological themed groove on.

Sincerely,
Charged Climber

Dear Charged Climber,

Music such as "Blowin' in the wind," "Umbrella," "Have you ever seen the rain," "Set fire to the rain," "Here comes the rain again," "After the storm," "Singing in the rain," "Aint no sunshine," and "Somewhere over the rainbow" all pop to mind as appropriate songs. To get your groove on, moves such as the sprinkler, the twister, walking/running in place (to replicate not being able to move in wind), and other creative additions are recommended.

Cheers,

Ms. Manners

Ms. Manners is the VOC's resident expert on mountaineering and outdoors etiquette. Do you have a question for Ms. Manners? Email the VOCene editor and it will be forwarded on to Ms. Manners.

VOCene #24, Oct. 11 2016

Ye Olde VOC:

A weekly recollection of the past of the club.

Quote of the Week:

The Spirit of the Mountain Man:
(Found written on sign at Mt. Jim Kelly)

"To all of those we've loved and lost
Now that your spirit has been set free
May you soar up to the mountain tops
And rest in the tall strong trees.
We come to visit, this place we love
And forever your memory we'll keep
When we think of the beautiful sights
We've been so blessed to come here and see.
May we have comfort and peace in knowing
That with the strength of the Bear and what the Eagle can see
Our Protector, our Guide and our Friend
You will Always Be.
Keep us forever safe.
We will always love and remember you
To all who love these mountains, may you be blessed and kept safe."

Weekly recipe:

Every now and then I'll include a recipe from the VOC wiki (<http://www.ubc-voc.com/wiki/Recipes>) here. Try them out and share yours!

Tip of the Week:

Do not put two beer cans beside each other in your pannier bag when bike touring (learned the hard way by a housemate).

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(This is no joke, no wimpy confirmation screens will appear, so don't mess around)

Varsity Outdoor Club
